

Unit 9: Health and Habits (Lesson 1)

1) Look, listen, and write the letters

(Nhìn tranh, nghe, và viết chữ cái tương ứng)



brush my teeth

wake up early

stay up late

wash my face

eat fast food

get exercise

take a shower

drink soft drinks



II) Look and write
(Nhìn tranh và điền từ)

brush my teeth

wake up early

get exercise

eat fast food

wash my face

stay up late

take a shower

drink soft drinks

1



80%

2



100%

3



100%

4



50%

5



100%

6



50%

7



50%

8



80%



III) Look and choose the right
(Nhìn tranh và chọn đáp án đúng)

1

A cartoon illustration of a man with brown hair, wearing a blue shirt and yellow pants, sitting at a table with various fast food items like burgers, fries, and a drink. He is eating a burger. A thought bubble above him says "80%".

How often does he eat fast food ?

He _____ eats fast food.

2

A cartoon illustration of a boy with black hair, wearing a green striped shirt and brown pants, sitting on the floor reading a book. A window in the background shows a moon and stars. A thought bubble above him says "50%".

How often does he stay up late ?

He _____ stays up late.

3

A cartoon illustration of a family exercising in a living room. A woman is doing a yoga pose, a boy is jumping, and a girl is running. A thought bubble above them says "100%".

_____ do they get exercise ?

They always get exercise.

4

A cartoon illustration of a girl with brown hair, wearing a yellow dress, holding a blue cup with a straw and drinking. A thought bubble above her says "0%".

How often does she drink soft drinks ?

She _____ drinks soft drinks.