

Listening

- 6**  **5** Listen to a radio interview with photographer David McLain. Check (✓) the topics the speakers talk about.

- | | |
|---|-----------------------------------|
| ☐ the age of men and women | ☐ sleep |
| ☐ family life | ☐ food |
| | ☐ exercise |

- 7**  **5** Listen again. Are the sentences true (T) or false (F)?

- | | | |
|---|---|---|
| 1 David McLain is traveling to different countries. | T | F |
| 2 He's talking to the radio announcer in the studio. | T | F |
| 3 In Sardinia, men live to the same age as women. | T | F |
| 4 Sardinian families rarely eat together. | T | F |
| 5 Younger people are eating more unhealthy food, and they aren't exercising enough. | T | F |

► PRESENT CONTINUOUS

I'm speaking.

You/we/they're speaking.

He/she/it's speaking.

I'm not traveling.

You/we/they aren't traveling.

He/she/it isn't traveling.

Am I working?

Are you/we/they working?

Is he/she/it working?

Language note: Spelling of present participles

End of verb	Spelling rule	Examples
consonant + -e	drop the -e and add -ing	make—making take—taking
one vowel + one consonant	double the consonant and add -ing *	sit—sitting run—running
two vowels and one consonant	add -ing; do not double the consonant	rain—raining read—reading
two consonants	add -ing; do not double the consonant	wash—washing watch—watching

*Exception: Do not double -w, -x, and -y. snow—snowing; fix—fixing; say—saying

Grammar simple present and present continuous

9 Look at the grammar box and the sentences below from the interview. Which sentences use the simple present (S)? Which use the present continuous (C)?

- | | | |
|--|---|---|
| 1 Well, one man is trying to answer these questions—photographer David McLain. | S | C |
| 2 He's speaking to us right now on the phone. | S | C |
| 3 Men live to the same age as women. | S | C |
| 4 Every Sunday, the whole family eats a big meal together. | S | C |
| 5 Also, young people are moving to the city, so they are exercising less because of their lifestyle. | S | C |

11 Complete the sentences with the simple present or present continuous form of these verbs.

reply
read

go
spend

learn

- We 're learning a new language at the moment.
- My friends and I often _____ time at each other's houses.
- Can you wait a minute? I _____ to an email.
- How often _____ you _____ to the gym?
- I _____ a really interesting book at the moment.