Flu

chest pain

overweight

heartbeat

HEART, BRAIN AND LUNGS

According to the World Health Organization (WHO), 3 out of the top 10 diseases that causes the most deaths in the world are:

1. Heart diseases. The symptoms could be ..... abnormal ....., and ..... They can be caused by high blood pressure and/or ....., smoking, and being .....
2. Stroke. Strokes are caused when an artery is blocked or leaking. This stops the entrance of oxygen to our brain cells which must receive oxygen all the time. During a stoke people might feel confusion, and have difficulty with walking and vision.
3. Lower respiratory infections. They occur in our ..... and ....., and may be caused by viruses or bacteria. The most common are the ..... or influenza, pneumonia, bronchitis, etc. A person with one of these diseases might not breathe normally, feel a pain in the chest, or have a cough.

In all cases, people should follow good health habits and do physical activity to reduce risks.

LIVEWORKSHEETS

lungs cholesterol heart failure airways

LIVEWORKSHEETS