

Learning some basics of



SB p. 48-49

Task 1: Imagine you find somebody in the situation in the picture below.
What do you think you need to do? Write down at least 5 ideas.



Task 2: Read the text "Why learn first aid?" in your SB and summarise why first aid is important in 5 sentences.

Task 3: Look at the steps to take in an emergency. Complete the sentences with the words in the box.

999 - airway - ambulance - breathing - conscious - dangers - recovery

- 1 Check if there are _____ at the scene.
- 2 If the scene isn't safe, call _____.
- 3 If the scene is safe, check if the person is _____.
- 4 If the person is unconscious, check that they are _____.
- 5 If they aren't breathing, open their _____.
- 6 If they are breathing, put the person in the _____ position.
- 7 Call 999 for an _____.

Task 4: Look at the five pictures a-e and their descriptions 1-5. They show and explain how to put somebody in the recovery position. Can you match the pictures to descriptions 1-5 correctly?



- 1 Pull the knee towards you, keeping the person's hand pressed against their cheek and position the leg at a right angle.
- 2 Make sure that the airway remains open by gently moving the head back and lifting the chin.
- 3 Place the arm near you at a right angle.
- 4 Move the other arm, with the back of their hand against their cheek.
- 5 Take the knee furthest from you and pull it up until the foot is flat on the floor.

Picture a _____

Picture b _____

Picture c _____

Picture d _____

Picture e _____