

She needs to eat a snack.

Rule of Thumb



He's sleepy. He needs to take a nap.

1 Match the pictures with the problems and the advice. 



I'm sleepy.

I'm hot.

I'm cold.

I'm hungry.

I'm thirsty.

He needs
to wear a
warm coat.

He needs
to eat
a snack.

She needs
to take
a nap.

She needs
to sit in
the shade.

He needs
to drink
some water.