

Name

Class 4/

No.

Listening

- 1 What can you remember? In pairs, think of as many sports as you can for each group in sixty seconds.

1 team sports

2 individual sports

3 martial arts

4 water sports

- 2 In pairs, look at the photo and answer the questions.

1 Do you have PE at school?

2 What kinds of activities do you do?

3 Do you enjoy it? Why?/Why not?

- 3 Read the questions in Exercise 4. Match the underlined words and phrases with the ones with a similar meaning in a-f below.

a wants



d PE is necessary



b hates



e has fun in



c likes



f thinks it isn't important



- 4 **CD-3.8** Listen to two students discussing PE. Tick the correct speaker for each question.

Who:	Alfie	Millie
1 <u>can't stand</u> team sports?		
2 <u>doesn't care about</u> winning?		
3 <u>enjoys</u> PE lessons?		
4 likes Science more than PE?		
5 thinks <u>all students need</u> PE?		
6 thinks they shouldn't get grades for PE?		
7 <u>is into</u> individual sports at school?		
8 <u>would like</u> to do kung fu at school?		

EXAM FOCUS Multiple choice

- 5 **CD-3.8** Listen again and choose the correct answer, A, B or C.

- 1 Which sport does Alfie dislike most?
A basketball B rugby C football
- 2 Alfie doesn't like team sports because he doesn't like
A his team. B losing. C competition.
- 3 Millie likes PE because
A she likes competition.
B she likes team games.
C she thinks it's relaxing.
- 4 Millie thinks PE is important because
A students don't have enough time after school.
B students can get good grades.
C students need exercise during the day.
- 5 Alfie thinks that at school there should be
A less sport.
B better instructors.
C different sports.

Speaking

Advice

I can ask for and give advice about a healthy lifestyle.

1 In pairs, look at the photo and answer the questions.

- 1 Who are the two people?
- 2 Where are they?
- 3 What do you think is happening?

2 Who says each phrase, the doctor or the patient?

How are you feeling today?

I feel terrible.

I have a headache every morning.

I feel dizzy.

Everything seems fine.

Tell me a bit about your lifestyle.

The patient

The doctor



3. Listen to the conversation and choose the phrase below to complete the conversations.

should I start

Make sure you eat

must do

It's important to spend

really shouldn't stay up

should also eat

Tony: Good morning, Doctor.

Doctor: Good morning, Tony. How are you feeling today?

Tony: I feel terrible, Doctor. I'm always tired, I have a headache every morning, I feel dizzy.

Doctor: OK. Let me examine you ... Well, everything seems fine. Tell me a bit about your lifestyle. Are you getting enough sleep?

Tony: Well, I have exams in two weeks' time, so I'm working hard. I stay up late to study and get up early to go to university. At the weekend, I sleep late, but sometimes I stay up all night – there are a lot of parties at the moment.

Doctor: Well, it's important to get eight hours of sleep every night. Tell me, what sports do you do?

Tony: I play Ping-Pong sometimes. And I watch a lot of football on TV!

Doctor: That's not *doing* sports, Tony! You 1 some kind of sport regularly. Exercise is very important.

Tony: So 2 jogging in the park?

Doctor: Good idea. 3 some time outdoors. And you 4 a lot of fresh fruit and vegetables.

Tony: I do, Doctor. I like fruit.

Doctor: OK, that's good. 5 well ... and Tony, you 6 all night. You need your sleep!

Tony: OK, Doctor. Thanks. Goodbye.