

B. NGỮ PHÁP

I. KIẾN THỨC TRỌNG TÂM CỦA BÀI

CHUYÊN ĐỀ 1: CÂU MỆNH LỆNH VỚI MORE VÀ LESS

- Ta thêm **more** hoặc **less** vào trước danh từ khi đưa ra mệnh lệnh để nhấn mạnh khi đưa ra lời khuyên.

More: nhiều hơn

Less: ít hơn

Ví dụ: Watch less TV!

Do more exercises!

BÀI TẬP ÁP DỤNG CHUYÊN ĐỀ 1

Bài 1: Sử dụng MORE hoặc LESS để hoàn thành các câu sau.

1. Relax _____.
2. Talk _____, listen _____.
3. Spend _____, save _____.
4. Read _____ books.
5. Use _____ public transport.
6. Take _____ salt and sugar.
7. Drink _____ beer and wine but _____ fresh water.
8. Please provide _____ details in this form.
9. Wear _____ clothes and you'll be warmer.
10. Spend _____ time surfing the Internet and you'll have _____ time for exercise.

Bài 2: Sử dụng MORE or LESS để hoàn thành các câu

sau. 1. Eat _____ junk food. It makes you fat!

2. Wash your hands _____. You will have less chance of catching flu.
3. Sleep _____, but try to wake up at the usual time. Even at weekends!
4. Go outside _____. If you do need to go outside, wear a sun hat.
5. Watch _____ television. Looking at the screen for too long hurts your eyes.
6. Do _____ exercise, and you will feel better and healthier.

Bài 3: Điền vào chỗ trống more hoặc less để hoàn thành những lời khuyên về sức khỏe dưới đây.

1. Drink _____ water because it is very essential for your body.
2. Sit _____ in front of the TV or a computer if you don't want your eyes to be hurt.
3. Eat _____ healthy foods like fruits, vegetables or fish. You will stay in shape.
4. Exercise _____, and count calories when eating. This can help you lose weight.
5. Eat _____ high-fat food to avoid obesity.
6. Stay outdoors more and do _____ physical activities. You will be more healthy and active.
7. Spend _____ time playing computer games.
8. Sunbathe _____ to avoid sunburn.
9. Take _____ public transportation. You can save a lot.

CHUYÊN ĐỀ 2: CÂU GHÉP

- Khi muốn nối hai mệnh đề hoặc hai câu đơn với nhau để tạo thành câu ghép, ta sử dụng các từ nối.

- Các từ nối đơn giản và thường được sử dụng nhất là:

+) **and**: và

Ví dụ: They eat lots of rice **and** fish.

+) **or**: hoặc

Ví dụ: You can take the blue hat **or** the red one.

+) **but**: nhưng

Ví dụ: She eats a lot **but** doesn't put on her weight.

+) **so**: vì vậy

Ví dụ: It's raining hard **so** I cannot go to school.

BÀI TẬP ÁP DỤNG CHUYÊN ĐỀ 2

Bài 1: Chọn câu đúng.

1.

A. I have stomachache, so I don't want to eat anything.

B. I have stomachache, or I don't want to eat anything.

2.

A. My mother eats a lot of fruit and vegetables, so she does exercise every morning.

B. My mother eats a lot of fruit and vegetables, and she does exercise every

morning.

3.

A. My cousin Trang is very fat, but she is too lazy to walk. B. My cousin Trang is very fat, or she is too lazy to walk.

4.

A. You can eat less, but you can do more exercise.
B. You can eat less, or you can do more exercise.

5.

A. I have flu, but I don't feel very tired.
B. I have flu, so I don't feel very tired.

6.

A. The Japanese eat a lot of fish, so they eat a lot of tofu, too.
B. The Japanese eat a lot of fish, and they eat a lot of tofu, too.

7.

A. The Americans often eat fast food, so many of them are overweight.
B. The Americans often eat fast food, but many of them are overweight.

8.

A. You can walk, so you can ride a bike to get there.
B. You can walk or you can ride a bike to get there.

Bài 2: Điền các từ nối AND, BUT, OR, SO thích hợp vào chỗ trống.

1. I feel tired, _____ I feel weak.
2. The Japanese eat healthily, _____ they live for a long time.
3. I have flu, _____ I don't feel very tired.
4. You should eat less fast food, _____ you can put on weight.
5. You can go and see the doctor, _____ you can go to bed now and rest.
6. The Japanese eat a lot of rice, _____ they eat lots of fish, too.
7. I want to eat ice-cream, _____ I have a sore throat
8. The Americans often eat fast food, _____ many of them are overweight.
9. You can walk, _____ you can ride a bike to get there.

Bài 3: Chọn đáp án đúng để hoàn thiện những câu dưới đây.

1. I'm going to go shopping on Sunday _____ buy some new clothes.

A: and B: so C: but D: or

2. I've just eaten dinner _____ I'm not hungry.

A: and B: so C: but D: or

3. Why don't you ring Sue _____ find out what time she's coming over tonight?

A: and B: so C: but D: or

4. Don't tell John about his birthday party _____ you'll spoil the surprise.

A: and B: so C: but D: or

5. I love to travel_____ I hate travelling by bus.

A: and B: so C: but D: or

6. Secretary to Boss: "Do you want anything else _____ can I go home now?"

A: and B: so C: but D: or

7. I like living in the city _____ my brothers prefers living in the countryside.

A: and B: so C: but D: or

8. Betty's just got a promotion at work _____ she's very happy.

A: and B: so C: but D: or

9. I won't be home for Christmas_____ I will be there for New Year's.

A: and B: so C: but D: or

10. It's late. You should go to bed now_____ you'll be tired tomorrow.

A: and B: so C: but D: or

Bài 4: Hãy nối các cột với nhau để tạo thành câu ghép hoàn chỉnh.

1. I want to eat some junk food,	So	a. I can cycle to school.
2. I don't want to be tired tomorrow,	But	b. I should go to bed early.

3. I have a temperature,	Or	c. I am putting on weight.
4. I can exercise every morning,	And	d. I feel tired.

II. BÀI TẬP TỔNG HỢP THEO UNIT

Bài 1: Chọn từ có phần gạch chân được phát âm khác với các từ còn lại.

1. A. knife B. of C. favorite D. life
2. A. althogh B. enough C. paragraph D. cough
3. A. junk B. sun C. put D. adult
4. A. headache B. architect C. chemical D. children
5. A. aerobics B. calories C. cycling D. doctor

Bài 2: Chọn từ không cùng nhóm với các từ còn lại.

1. A. sick B. ill C. sore D. fit
2. A. sleep B. rest C. relax D. work
3. A. cough B. flu C. sunshine D. sunburn
4. A. jogging B. walking C. swimming D. reading
5. A. and B. but C. so D. although
6. A. soccer B. badminton C. breakfast D. basketball
7. A. healthy B. fit C. well D. sick

Bài 3: Chọn đáp án đúng.

1. Do you believe that eating _____ carrots helps you see at night.
A. most B. less C. the most D. more
2. Don't eat that type of fish, you may have a/an _____.
A. energy B. sick C. sore D. allergy
3. The seafood i ate this morning makes me feel _____ all over.
A. well B. weak C. itchy D. running
4. We should try to keep everything around us clean and then flu will find it _____ to spread.
A. difficult B. difficulty C. difficulties D. like
5. The health _____ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.
A. advices B. ideas C. tip D. tips
6. Be careful with _____ you eat and drink.
A. who B. what C. that D. this
7. Have a health _____ and you can enjoy your life.
A. lives B. lifestyle C. lifeline D. lively
8. Eating a lot of junk food may lead to your _____.
A. fitness B. obesity C. pain D. stomachache
9. We should follow the activities from doctors and health _____ in order

to keep fit.

A. workers B. people C. experts D. managers

10. You can avoid some diseases by _____ yourself clean.

A. taking B. keeping C. bringing D. looking

Bài 4: Chọn từ thích hợp trong bảng để điền vào chỗ trống.

stomachache	toothache	sick	hurts	pain
well	cough	temperature	headache	burn

1. Is she _____ enough to run three kilometers?

2. "Oh! Be careful with that coffee." – "Look, now I have a _____ on my arm."

3. Minh has a _____ of 39°C.

4. Don't eat so quickly. You'll get a _____.

5. She has a _____ in my back. She is going to lie down. 6.

That's a bad _____. Why don't you have a glass of water? 7.

"I have _____. " – "Why don't you telephone the dentist?" 8. I

feel _____. Quick, I must get to the bathroom! 9. My arm

_____ after that game of basketball.

10. "I have a _____. " – "That's because you watch too much TV."