5.1 Health promotion and health education

Activity 4

True or false

Read the statements about health education. Decide if they are true 'T' or false 'F'. Circle your answers.

Health education can only be taught in schools.	T / F
Health education teaches people about health issues that are currently happening.	T / F
Health education does not use any medical science.	T / F
Health education is an important part of health promotion.	T / F
If people understand health education, they will make healthier choices.	T / F

Activity 5

Which approach?

Identify which approach to health education is being shown in each of the pictures below.







Individual approach

Group approach

Mass audience approach

LIVEWORKSHEETS