



# Listening comprehension practice

Before listen, answer these questions.

\*Do you use to translate everything into your native language?

\*If you stop translating in your head into your native language, what will happen?

Listen to a woman talk about some steps to stop translating and to start think in English. Please, take some notes.

## NOTES

A rectangular piece of light brown paper with a torn right edge, featuring ten horizontal blue lines for writing notes.



Listen again and drag the words to complete some peaces of the audio.

"(...) This will \_\_\_\_\_ to have  
conversation with ease  
\_\_\_\_\_ smoothly and better  
\_\_\_\_\_ native \_\_\_\_\_"

(...) without realizing it, you'll  
I \_\_\_\_\_ pronunciation,  
sentence structures,  
\_\_\_\_\_, and new  
\_\_\_\_\_

(...) \_\_\_\_\_ will develop their  
own \_\_\_\_\_ that relate  
better to your \_\_\_\_\_  
rather than meanings that are  
translated directly"

(...) \_\_\_\_\_ a little  
\_\_\_\_\_ allows you to  
absorb better. \_\_\_\_\_  
these steps and have  
patitience. You'll soon be able  
to \_\_\_\_\_ your language  
learning goals"

**achieve**

**allow**

**every day**

**follow**

**grammar**

**language  
target**

**learn**

**meanings**

**read**

**speakers**

**studying**

**understand**

**vocabulary**

**words**



Write some examples using the following words.

Target language

Achieve

Speak out loud

Podcast

Write here another words that you did not  
understand from the audio.



Listen for the second time. Then, read the following question and choose the best option.

1. How many techniques the woman talk about it?
  - a. for
  - b. two
  - c. four
2. These techniques will help you to...
  - a. Translate more often and write better.
  - b. Talk, read, and understand better in English.
  - c. Understand native language.
3. What are some examples to be immersed in a language?
  - a. Playing music and having a radio station background while you do something.
  - b. Reading out loud and repeting what the speaker says.
  - c. Learn grammar, sentences structures, and new vocabulary.
4. If we speak ot loud to ourselves, what happens?
  - a. We're embarrassed
  - b. It makes easier to notice simple grammar mistakes.
  - c. Mistakes force you to speak.
5. How much time the bain focuses?
  - a. 13 minutes
  - b. 20 minutes
  - c. 30 minutes



If you want, listen again.

**Do you think these are good techniques to help you to improve your English?**

**Yes**

**No**

**Why?**



**Can you think in some other techniques to stop translating?**

**In your opinion, which technique is the best for you to practice?**

**Please, write some comments about it (in English or in Spanish)**

**What do think about this activity?**



DESIGNED BY LAURA M. GONZALEZ,  
2020

### Resources



Learn ENGLISH WITH ENGLISHCLASS101.COM. (2018, DICIEMBRE 16). STOP TRANSLATING IN YOUR HEAD AND START THINKING IN ENGLISH! [YOUTUBE]  
RECUPERADO 10 DE MAYO DE 2020, DE [HTTPS://WWW.YOUTUBE.COM/WATCH?V=-NH17POPUZQ](https://www.youtube.com/watch?v=-NH17POPUZQ)