Unit 2 Take My Advice
Vocabulary

A. Write the correct word and its part of speech.

anorexia – appetite – counselor – disorder – fitness – peer – pressure – principle

self-worth – substance – well-being – avoid – gain – lose – regain – achievable – bland

depressed – illegal – lean – nutritious – old-fashioned – slim

Word	Part of Speech	Definition
		to keep away from something or doing something
		the state of being comfortable, healthy, or happy.
		the feeling that you want to eat food.
		an illness of the mind or body
		someone who is trained to listen to people and give them advice about their problems
		to increase ≠ lose
		to get something back again
		containing substances your body needs and can use to stay healthy
		the value you give to your life and achievements
		an eating disorder that affects people's appetites – usually because of emotional problems, stress, or pressure
		being in good physical condition- healthy and strong
		a material with special qualities
		a person who is in the same age
		forcing someone to do something
		possible to achieve
		not modern
		thin
		not allowed by law ≠ legal
		not having a strong taste or character
		thin and healthy
		a moral rule or standard of good behavior

B. Fill in the blanks. Use the words in the box above.

1. I don't lie it's against our Islamic .....
2. It is ..... to drive a car that is not registered and insured.
3. She likes ..... dresses.
4. When you set your goals, make sure that they are .....
5. Students might be under ..... during the exam.
6. Getting help from a ..... is easier than asking a teacher.
7. This product has natural .....
8. You should have ..... meals.
9.

LIVEWORKSHEETS

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C. Match each phrasal verb to its synonym.

1. turn to	..... start
2. stay away from	..... exercise
3. turn down	..... go for help
4. keep down	..... refuse
5. put off	..... control
6. take up	..... avoid
7. work out	..... postpone

LIVEWORKSHEETS