

Check what you know

This is a short quiz about taking care of relationships. Tick **two** answers.



1) What is a friend?

- a. Someone who likes spending time with us ☐
- b. Someone who is mean to us a lot ☐
- c. Someone who cares about us and we care about them ☐

2) Why are friends important?

- a. Friends can make us feel special ☐
- b. Having friends means we'll never get bored ☐
- c. Friends mean we can play and have fun together ☐



3) What can we do if we fall out with our friends?

- a. We never fall out with our friends ☐
- b. Say sorry if we've done something wrong ☐
- c. Ask them if they're OK and if they want to play a game together ☐

4) What is a team?

- a. A group of people who work together ☐
- b. A group of people who work by themselves ☐
- c. A group of people who work towards a shared goal ☐

5) Why are teams important?

- a. It means you can get other people to do all of your work ☐
- b. It feels good to belong to a good team ☐
- c. We can achieve more when working well with others ☐

6) What qualities do safe, trustworthy adults have?

- a. Kind and caring ☐
- b. Don't listen and rude ☐
- c. Patient and truthful ☐