

Date ____/____/____

LISTENING

- 2 [WIDGB1_Utest_3_Listening.mp3] Listen to the radio phone-in programme and decide which caller talks about the following things. Write the correct number in the box.

Ilhiana = **Caller 4**

[illegible]

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Which caller...	Caller number
1 ...suggests that being with other people is a good idea?	
2 ...says that feeling bad can help you feel good?	
3 ...is not happy with their job?	
4 ...says he/she sometimes doesn't remember what day it is?	
5 ...thinks music can help?	
6 ...thinks that doing exercise can be useful?	
7 ...tries to make Sunday last for a long time?	

A day in the life of a trainee astronaut

- It can take up to two years to train to be an astronaut. After training, some astronauts wait for ten years before they make their first trip into space. So what's life like as a trainee astronaut? Well, we asked one!

	TRUE	FALSE
1 Astronauts have ten years of training before they go into space.		
2 Astronauts practise in real space ships.		
3 Working in a swimming pool is a bit like working in space.		
4 All astronauts have to learn Japanese.		
5 The trainee astronaut likes cycling.		
6 Trainee astronauts have to live in many different places.		

'We all learn how to use and take care of the complex equipment we use, so we have many classes. These happen in a classroom, in machines that are a bit like real space ships, and in the swimming pool. The swimming pool is very similar to being in space because you weigh much less in water!

'We also have to have language classes. My first language is Japanese, but I have to learn English and Russian too, so I can talk to the ground crew. I have to be very fit so I exercise for about three hours a day. Many of my colleagues go running together, but I prefer cycling on my own.'

'There are training centres in Germany, Russia, Japan and the USA and we spend time at all of them. I hope one day I can make it into space.'