

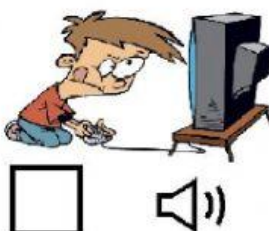
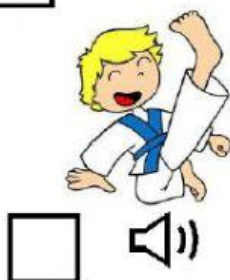
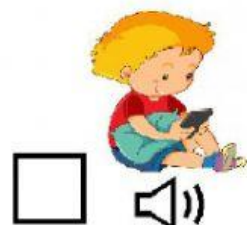
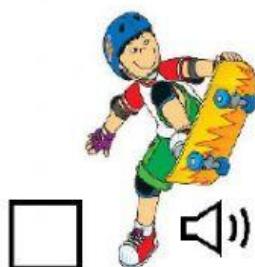
HEALTHY HABITS OF ATHLETES



➤ Click the speaker and listen. 

➤ Healthy activities and harmful activities. Choose  or  .
Després d'escotar el so, decideix si l'activitat és saludable o perjudicial.

HEALTHY



HARMFUL

