

Progress Test Files 1–4

Grammar, Vocabulary, Pronunciation, and Practical English

READING

1 Read the text and answer the questions.

A day in the life of a postman

Peter Simpson is a postman. He comes from London but now he lives and works in Bristol, a big city in the south – west of England. Today, on the World News Web, we ask Peter about his life and his job.

How do you start a typical working day, Peter?

'Well, I get up at half past three in the morning,' says Peter. 'I have breakfast and a shower. I eat eggs and I always drink a lot of coffee before I start work. It's dark outside and it isn't easy to get up when it's so early and so dark. Then I walk to the delivery office. It's about 20 minutes from my house.'

What do you do at the delivery office?

'I work with ten other postmen. We work for four hours putting letters into bags. It isn't difficult to do but we work very fast.'

Then what do you do?

At about 8:30, I take my big bag of letters and walk outside. On a typical day, I deliver letters to 600 addresses.

Do you like your job?

'Yes. Well, usually. I don't like it when it rains. And I don't like working on Saturday morning when everybody is in bed. But I meet a lot of people. Old people are very friendly and I always speak to them. Some old people don't speak to many people in a day so I think it's important to say hello and be friendly. And after lunch I'm free. I don't work in the afternoon, so I can go shopping or go cycling when other people are at work. And that's great!

Example: What does Peter do?
He's a postman.

- 1 What time does Peter get up? _____
- 2 Where does Peter live? _____
- 3 What does Peter eat and drink for breakfast? _____
- 4 Who does Peter work with? _____
- 5 What time does Peter leave the office to start his walk? _____

- 6 Does Peter like working on Saturday? _____
- 7 What does Peter do in the afternoon? _____

2 Read the text again and tick (✓) True or False.

Example: Peter Simpson is a milkman.

True ☐ False ☒

- 1 Peter lives in the north of England.
True ☐ False ☐
- 2 Peter doesn't have a shower in the morning.
True ☐ False ☐
- 3 Peter thinks it's difficult to get up in the morning.
True ☐ False ☐
- 4 Peter goes to the office in his car.
True ☐ False ☐
- 5 Peter lives 20 minutes from the delivery office.
True ☐ False ☐
- 6 Peter works in the office for five hours every morning.
True ☐ False ☐
- 7 Peter often delivers letters to six hundred houses in a day.
True ☐ False ☐
- 8 Peter doesn't meet many old people in his job.
True ☐ False ☐