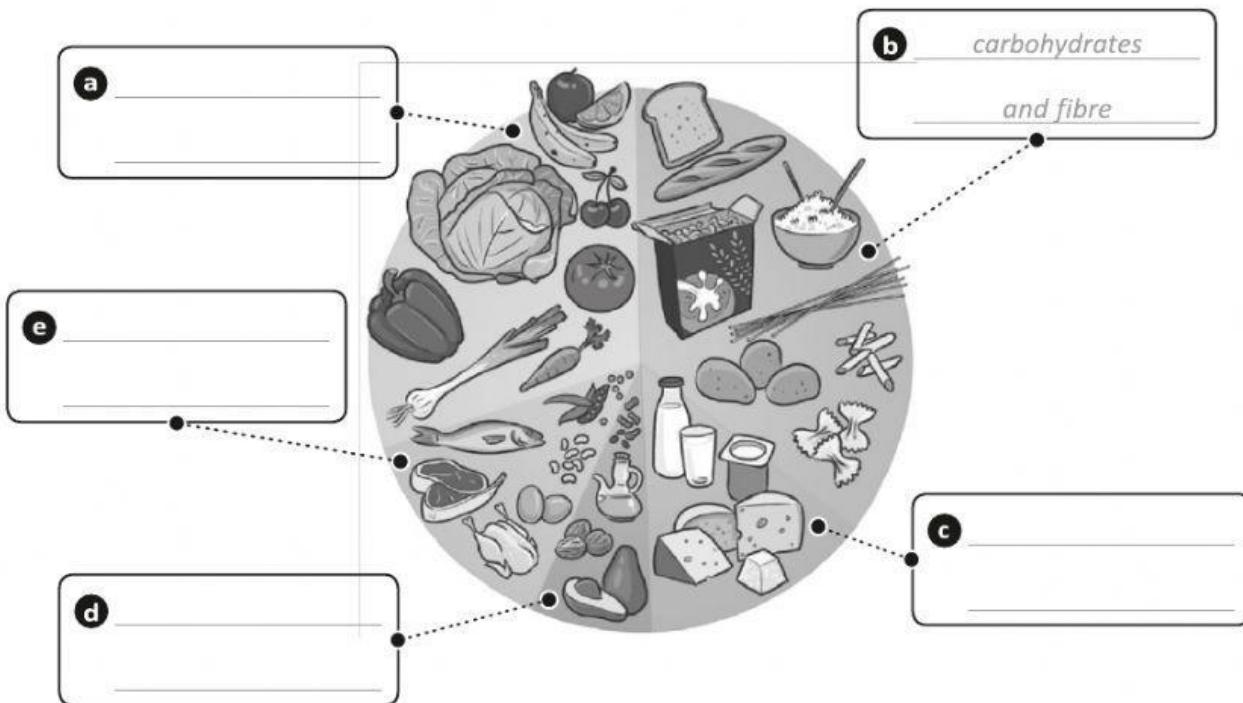


# ACTIVIDADES REFUERZO Natural Science 1º

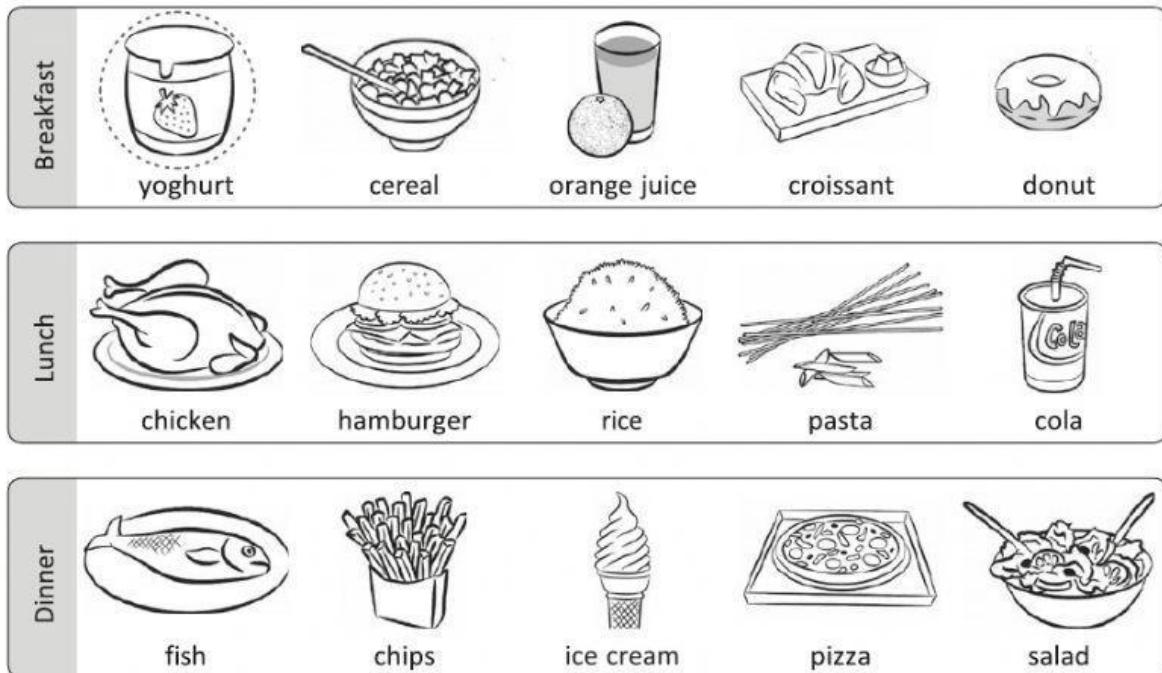
## Trimestre

### 1 Identify the food groups.

fruit and vegetables    proteins and iron    dairy products    fats    **carbohydrates and fibre**



### 2 Circle the healthy foods.



**3** Match the body systems with their functions.

a. The digestive system ...

• 1. ... absorbs nutrients from food.

b. The excretory system ...

• 2. ... moves blood and oxygen around the body.

c. The circulatory system ...

• 3. ... transfers oxygen from the lungs to the blood.

d. The respiratory system ...

• 4. ... eliminates waste products from your body.

**4** Tick the habits that are good for your body and mind.

