# TEST ON UNIT 4

Gateway B1

**I Write the words in English and in Estonian (10).**

| | | |
|---|---|---|
| | /ˈæŋk(ə)l/ | |
| | /niː/ | |
| | /θaɪ/ | |
| | /θʌm/ | |
| | /ˈtemprɪtʃə(r)/ | |
| | /kɒf/ | |
| | /ˈɪəreɪk/ | |
| | /briːð/ | |
| | /ɪnˈkriːs/ | |
| | /ˈɪndʒəri/ | |

**II What's the word?**

1. to have blood flowing from your body, for example from a cut

2. a simple living thing that is smaller than bacteria and that can enter your body and make you ill

3. a substance that you take to treat an illness, especially a liquid that you drink

4. the dark colour of your skin when you have spent time in the sun

5. relating to science, or based on its methods

6. e, feel, or think, usually because you are injured

7. happening frequently, or existing in large amounts or numbers

8. the back part of your foot, below your ankle

9. an occasion when someone suddenly has a lot of pain in their chest and their heart stops working

10. a long thin piece of cloth that you wrap around an injured part of your body

**III Complete the sentences with words for parts of the body.(5)**

1 The girl picked up the ring and put it on her ..... .

2 The dentist took out one of my ..... yesterday, but it didn't hurt.

3 I wasn't wearing any shoes when I dropped a heavy box on my foot and broke one of my ..... .

4 I'm wearing a scarf today because I've got a bad cold and a sore ..... .

5 Mel was lifting heavy furniture yesterday and she hurt her ..... .

**IV Complete the sentences with these words. There are two extra words.(5)**

| *ache* • *aid* • *attack* • *centre* • *killers* poisoning • waiting |
|---|

1 I need to get some pain ..... for this headache.

2 You have to go to hospital if you get food ..... very badly.

3 We were in the ..... room for an hour before the doctor saw us.

4 Heart patients usually get pains in their chest, if they are having a heart ..... .

5 We learned how to do first ..... at school last term.

**V Complete the sentences with one word in each gap.(5)**

1 He's got a ..... ache. He hasn't eaten anything all day because it hurts.

2 Leo's throat is very ..... because of his cold.

3 I've got a ..... in my leg and it hurts when I walk.

4 Mike has got a very high ..... and a headache. I think he's got the flu.

5 Put your hand over your mouth when you ..... .

**VI Read the texts about sleep problems. Match the sentences (1–6) with the people (A–C). You can choose the people more than once. (6)**

*Which person:*

1 has ignored his/her doctor's advice? .....

2 has a problem which few people know about? .....

3 has trouble getting to sleep? .....

4 has had to change his/her life because of the problem? .....

5 says his/her problem is more serious than people think? .....

6 is getting help for his/her problem? .....

A **Tony**
My sleep problem is really quite serious, but a lot of people think that it's normal and even funny. I snore at night when I'm asleep – and my wife says that it's pretty loud! Now, I know snoring isn't unusual and there is a lot of advice on how to stop someone snoring, but my snoring is different! It's linked to something called sleep apnoea. When you snore it means that you can't keep your throat open when you're asleep. In my case, I actually stop

breathing for ten seconds or more. It worries my wife but I always wake up afterwards!

B **Lizzie**
My problem is very unusual and most people have never heard of it. It's called narcolepsy and it has changed my whole life. Narcolepsy is when people fall asleep anywhere at any time and they can't stop it. Since the problem started I've had to stop working because you can't do a good job if you fall asleep in the middle of a conversation! My friends have been very supportive but I don't like going out now because I get embarrassed about it and also I've had to stop driving as it's much too dangerous. I go to a special sleep clinic now and they're helping me a lot.

C **Robert**
I've had this sleep problem since I was a child and I know a lot of people who have the same problem. It's called insomnia and it means I sleep very badly. Sometimes I can't get to sleep for hours and sometimes I go to sleep OK, but I wake up in the middle of the night and then I can't get back to sleep again. It's horrible because the next day I can't concentrate on my work. The doctor gave me sleeping tablets, but I don't like taking them because they make me feel bad the next day.

**VII Read the texts again. Are the statements True (T), False (F), or is the information Not Mentioned (NM)?(6)**

1 Tony doesn't make a lot of noise when he snores.

2 Tony's wife finds it difficult to wake him up.

3 Lizzie sometimes falls asleep when she's talking.

4 Lizzie doesn't mind having narcolepsy.

5 Robert's problem has a negative effect on his job.

6 Robert never takes his sleeping tablets.

**VIII Which person A, B or C, might say: (4)**

1 I was in a job interview and I fell asleep. .....

2 I never sleep for the whole night. .....

3 Sometimes the neighbours hear me. .....

4 I want to sleep at unusual times. .....

IX **Choose one of the photos and describe it. (Keep in mind the aspect which are important while describing a picture) (12)**






