

ENGLISH ACTIVITIES

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A.B.P.P.

SKILL	Demonstrate mindfulness and empathy for the integrity of cultures in daily classroom activities. EFL 5.1.2
WEEKLY OBJECTIVE:	At the end of this lesson students will be able to contrast ideas in simple past tense and past progressive in context according to their level.
TOPIC:	PAST SIMPLE VS. PAST CONTINUOUS

ANTICIPATION

PAST SIMPLE VS. PAST PROGRESSIVE

A. Look at the video and analyze the information:

<https://www.youtube.com/watch?v=VLj-Dbz-CWk>

Simple Past vs. Past Continuous

Simple Past

We use the **simple past** to talk about:

Completed actions, **habits** and **facts** in the past.



- I **went** to the cinema **yesterday**.
- I **always visited** my grandparents in my summer holidays **when I was little**.
- I **lived** near Liverpool for a couple of years.

Past Continuous

The **past continuous** is used to express:

Interrupted actions, **specific time** as an **interruption** and **parallel** actions.



- I **was watching** TV **when** the phone rang.
- **Last night at 7pm**, I **was having** dinner.

While she **was doing** her homework her brother **was playing** football.

'when' + short action (past simple tense)
'while' + long action (past continuous tense)

I **was watching** TV **when** Jim **knocked** the door.

	I was watching TV	when	Jim knocked the door.
When	Jim knocked the door	,	I was watching TV
	Jim knocked the door	while	I was watching TV
While	I was watching TV	,	Jim knocked the door

PAST CONTINUOUS TENSE

+

S + was/were + V-ing

She was cooking all morning.

-

S + was/were + not + V-ing

She was not sleeping when he came home.

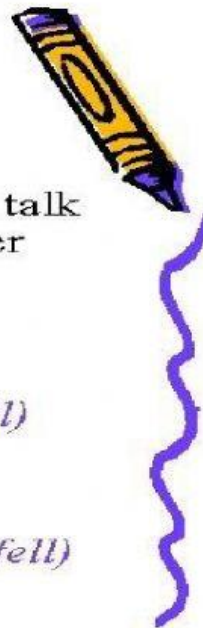
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Was/were + S + V-ing?

Was she sleeping when he came home?

Past Simple- Past Progressive

- Use Past Progressive with the Past Simple to talk about an action that was interrupted by another action
- Use **WHEN** for Past Simple
(He was skiing when he fell)
- Use **WHILE/ WHEN** for Past Progressive
(While/ WHEN he was skiing, he fell)



CIRCLE THE CORRECT ITEM.

1. Ada **lost** / **was losing** her camera while she **travelled** / **was travelling** in Berlin.
2. While we **drove** / **were driving** home, we **saw** / **was seeing** an accident.
3. It **snowed** / **was snowing** when I **got** / **was getting** up.
4. Mum **broke** / **was breaking** a plate while she **washed** / **was washing** the dishes.
5. When the doorbell **rang** / **was ringing**, Umut **slept** / **was sleeping**.



CONSOLIDATION

HOMEWORK

C. Complete the sentences with Past Simple and the Past Continuous of verbs in brackets

Remember:

- Past Continuous + WHEN + Past Simple

- Past Simple + WHILE + Past Continuous

1. I _____ (go) to work, when I _____ (see) an accident.
2. The phone _____ (ring) while David _____ (have) a shower.
3. Sarah and Kate _____ (have) a drink, when two men _____ (start) to fight.
4. I _____ (sleep), when I _____ (fall) off the bed.
5. The phone _____ (ring) while I _____ (read) a book.
6. I _____ (do) my homework, when my mum _____ (arrive)
7. It _____ (start) to rain while Helen and Michael _____ (wait) for the bus.
8. Harry _____ (sit) on the sofa, when his wife _____ (come) home.
9. While Emma _____ (go) home, she _____ (have) an accident.
10. When I _____ (meet) Robert, he _____ (wear) a black suit.

Resources: computer, mobile phone, internet, portfolio folder, sheets. Teachers, parents

Did you know?

The Simple Past is used for completed actions, while past progressive is used to express interrupted actions.

Remember

PAST CONTINUOUS + WHEN + PAST SIMPLE

PAST SIMPLE + WHILE + PAST CONTINUOUS

Curious fact...

The past continuous and the past simple help us to show how two past actions or situations are connected.

Relationship with values

Conflict resolution

LEARN MORE:

<https://www.youtube.com/watch?v=VLj-Dbz-CWk&t=5s>

Bibliografia:

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[https://es.liveworksheets.com/worksheets/en/English_as_a_Second_Language_\(ESL\)/Past_simple_and_past_continuous/5%C2%B0_135_al1200480ik](https://es.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Past_simple_and_past_continuous/5%C2%B0_135_al1200480ik)