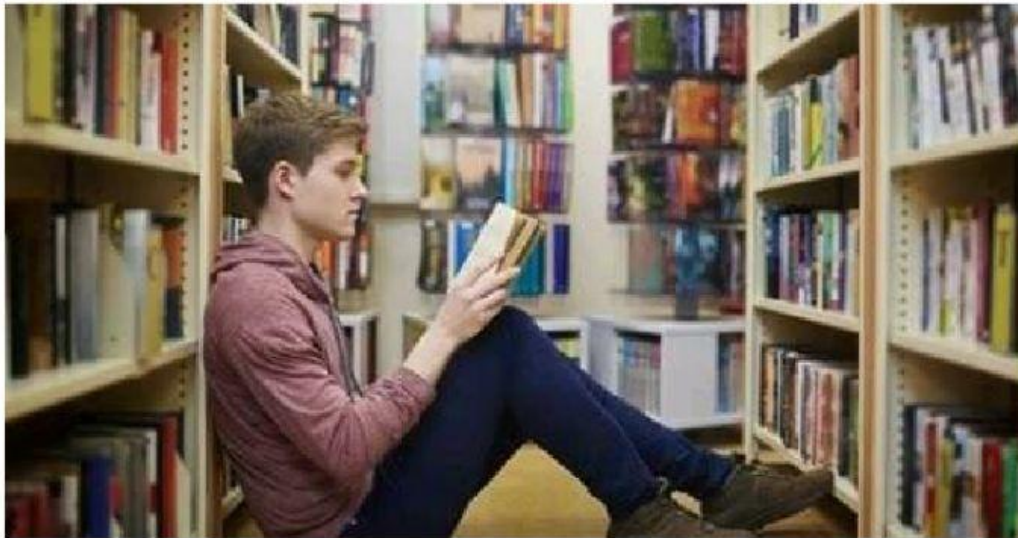


LISTENING: THE BENEFIT OF READING



Listen to the story and fill in the gaps.

People _____ read _____ longer. _____ minutes a day _____ good. Reading _____ our mind busy. It lowers _____ stress. Books _____ better than newspapers and magazines. Researchers looked at the lifestyles and reading habits of 3,500 _____ and _____ for 12 years. Everyone was over 50 _____ old at the start of the research.

People _____ read for up to 3.5 hours a week are _____ percent less likely to die than people who _____ read. Older people _____ longer when they read. A researcher said it didn't matter if you were male or female, healthy, rich or went to a _____ school. People over 65 _____ old _____ too much TV. _____ should read more.