

Name: _____ Teacher: _____

Family Life

Food Hygiene



Tick all the ways which show proper food hygiene

Wash your hands before eating

Leave food uncovered on kitchen table

Refrigerate your food

Protect your food from flies

Use dirty spoons and forks when cooking or eating

Check your food for mold and dirt

Wash fruits and vegetables before eating or using

Check food expiry dates

Cook meat properly

