LICEO ALBONOR BILINGUAL EDUCATIONAL UNIT

SCIENCE 1ST PARTIAL 2ND QUIMESTER TEST

PERIOD 2021-2022

STUDENT'S NAME: _____

GRADE: _____

TEACHER: Mrs. Lourdes Velez

DATE: _____

RECOMMENDATIONS

1. The online evaluation lasts 40 minutes.
2. Read carefully each statement contained in the online assessment
3. Avoid any attempt of academic dishonesty, in case of incurring in it, it will be sanctioned according to the LOEI articles 223 - 226.
4. During the test, if you have questions, write them in the Zoom chat so that the teacher can help you. Do not activate your microphone during the online assessment.
5. Upload the procedures requested in the assessment in the assignment provided on the Idukay platform.
6. Be clear and specific when writing your answers.

Good luck!

1.- READ AND COMPLETE USING THE CORRECT WORDS FROM THE BOX. (2 MARKS)

proteins - calcium - oranges - molecules

Vitamins and Minerals

Instead of providing your body with energy, vitamins and minerals work as_____ that help in your body's processes. Your body only needs a small amount of vitamins and minerals compared to carbohydrates, fats, and_____. Vitamins are made by living things. Vitamin C, for example, is found in_____, other fruits and dark green vegetables. It is essential for fighting infections.

Minerals are not made by living things, but can be found in food. Plants absorb minerals from the soil through their roots. When you eat plants or products from animals that eat plants, you get the minerals your body needs. Calcium, for example, can be found in milk. Your body uses _____to build bones and teeth. Iron can be found in dark green vegetables, like spinach, and in red meat.

LIVEWORKSHEETS

2.- MATCH EACH WORD WITH ITS DEFINITION. (2 MARKS)

carbohydrates - mineral - proteins - fats

1.- carbohydrates	**a)** nutrients in food that can be saturated, unsaturated, or trans
2.- mineral	**b)** nutrients in food that plants absorb from the soil
3.- proteins	**c)** nutrients in food that are made of long chains of sugars
4.- fats	**d)** nutrients in food that are made of long chains of amino acids.

A) 1a, 2d, 3b, 4c

B) 1d, 2a, 3c, 4b

C) 1c, 2b, 3d, 4a

D) 1b, 2c, 3a, 4d

3.- MATCH EACH WORD WITH ITS DEFINITION. (2 MARKS)

dairy - fruits - grains - complete

A) _____what covers 10% of the plate in the "My Plate" guideline.

B)_____foods that are made from milk

C)_____a protein that provides all of the essential amino acids

D)_____foods like wheat or rice that contain a lot of carbohydrates

4.- READ AND SELECT TRUE OR FALSE. (2 MARKS)

1.- You don't need energy to sleep.	**A)** true	**B)** false
2.- Food contains energy that can be measured in calories.	**A)** true	**B)** false
3.- Five calories can raise five grams of water by five degrees Celsius.	**A)** true	**B)** false
4.- There are 100 calories in a Calorie.	**A)** true	**B)** false

5.- LABEL "MY PLATE" PICTURE WITH THE CORRECT WORDS. (2 MARKS)

vegetables - protein - grains - fruits



	TEACHER	ENGLISH COORDINATOR
NAME: **SIGNATURE:**	Prof. Lourdes Vélez	Lcda. Joseline Yagual
DATE:	November 29th ,2021	November 29th ,2021

LIVEWORKSHEETS