

## My five senses

with my hand



I can see

with my eyes



I can smell

with my mouth



I can touch

with my nose



I can hear

with my ear

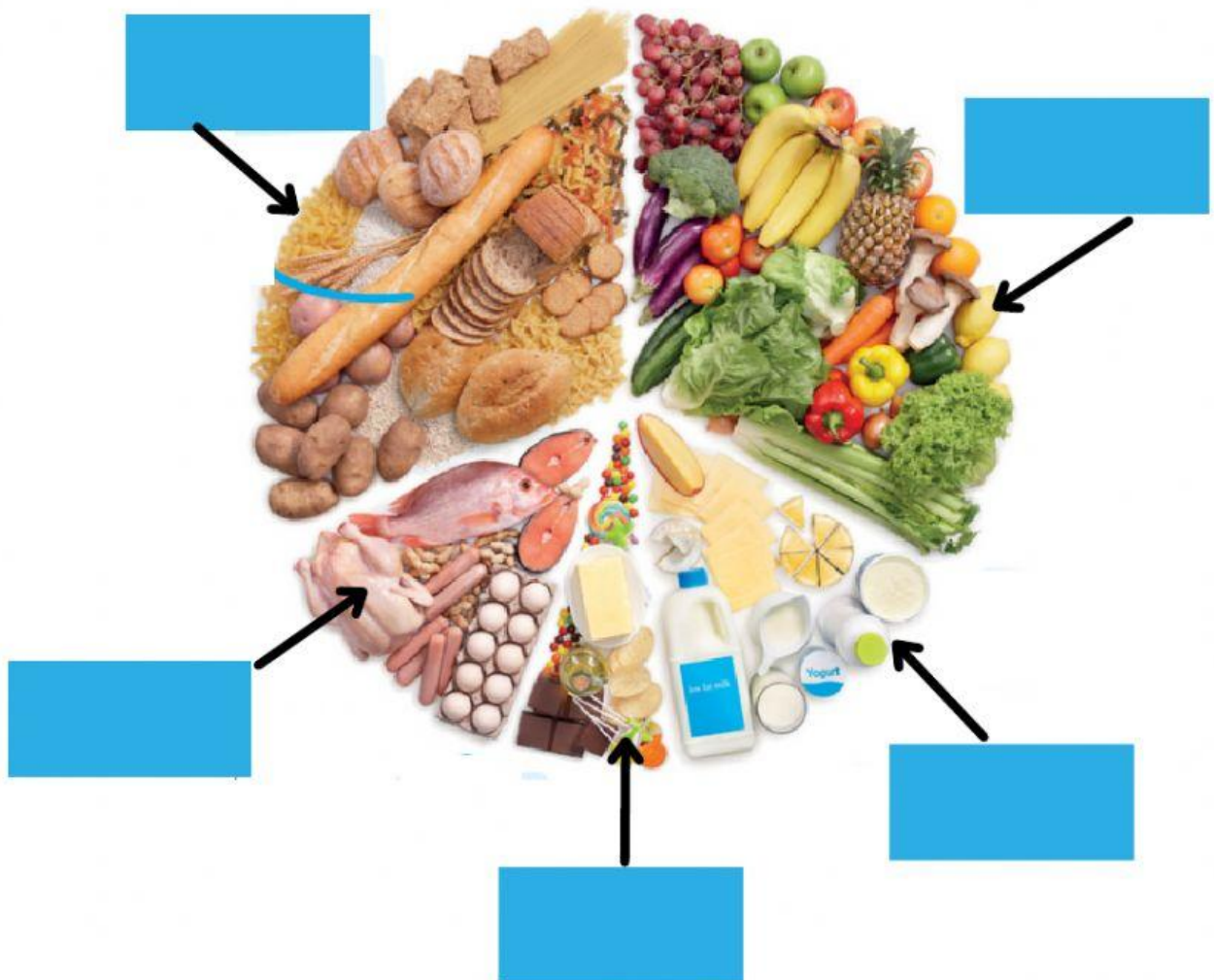


I can taste

carbohydrates  
fruits and vegetables

dairy  
proteins

fats



Select the healthy foods

