Read the following text about the Congo Pygmies, an African tribal group, and answer the 15 questions.

LITTLE PEOPLE WITH BIG PROBLEMS

Paragraph 1
No one knows exactly how many of them there are, but estimates suggest that between one quarter and half a million pygmies live in Central Africa, in and around the Congo rainforest. Together the various groups of Congo Pygmies make up the largest population of traditional hunter-gatherers left on Earth. They survive off the wild products, the animals and plants, as nature puts in the environment around them. Or, at least, they used to before we interfered. Now the pygmy people are being forced out of the rainforest by both the Bantu and the men from the West.

Paragraph 2
The term "pygmy" was originally used by the Ancient Greeks to describe a group of small people they believed lived in Ethiopia. Many hundreds of years later, when European explorers arrived in Central Africa, they used this same term to label the small forest people they found living there. These jungle people were not only very short in height (typically under five feet tall) but also very small in build. In contrast, the other native Africans, the Bantu, were similar in both build and height to the Europeans themselves.

Paragraph 3
It is not known exactly why the pygmies developed such small body frames. One theory suggests it was due to the lack of natural light in the rainforests. This meant the forest people did not get enough calcium for proper bone growth, so they developed smaller skeletons. Another theory claims the pygmies are small because they have naturally adapted to forest life over hundreds of years. It is, after all, easier to travel through thick jungle if you are short and thin. One thing that is not small, however, is the pygmy love of music. In fact, this is enormous. Music is a huge part of daily life and not just for entertainment purposes; there are songs for specific events and for activities, such as hunting, too.

Paragraph 4
The Baka Pygmies of Cameroon, one of the largest pygmy groups, have little to sing about these days, though. They, like the most of their people, are under attack. Deforestation is one big issue. For this, both the Bantu and the European are to blame. Thousands of pygmies have been forced from their homes, only to see the forests and their way of life destroyed. And then there is war. The pygmies are often caught in the middle of fights between rival Bantu groups.

Paragraph 5
Struggling pygmies are forced to move into built-up areas. Here, in the larger villages and towns of Cameroon, they can only find the lowest-paid jobs. They live in poverty and are often victims of unfair treatment by the locals. To make matters worse, the pygmies have been exposed to new diseases here too, causing the population further harm. And they have little access to medical assistance, which makes the situation even more serious. It is not just the Baka Pygmies that are in crisis either. Pygmies across Africa are facing there same issues. Their jungle home is being destroyed at an alarming rate so is their culture and way of life.

Source: *Preparing for Trinity ISE II*

LIVEWORKSHEETS

Questions 1-5

The text has five paragraphs (1-5). Choose the best title for each paragraph from A-F below and write the letter (A-F) on the lines below. There is one title that you don't need.

1. Paragraph 1 ☐
2. Paragraph 2 ☐
3. Paragraph 3 ☐
4. Paragraph 4 ☐
5. Paragraph 5 ☐

A	Suggestions for how the pygmy people developed and an important part of their culture
B	How the pygmy people got their name and what they look like
C	Important parts of pygmy culture and their different animal-hunting methods
D	How the pigmy people are struggling to adapt to the threats they face
E	Where in Africa the pygmy people live and their traditional way of life
F	Serious threats are facing one specific group of pygmies in Africa

Questions 6-10

Choose the five statements from A-H below that are TRUE according to the information given in the text. Write the letters of the TRUE statements on the squares below (in alphabetical order).

6. ☐
7. ☐
8. ☐
9. ☐
10. ☐

A	The Bantu people of Africa are much shorter than Europeans.
B	The Baka Pygmies are different from other pygmy groups because they do not sing or like music.
C	Pygmies in urban areas typically have low incomes and do not get proper healthcare.
D	Fighting between different groups of pygmies has harmed their way of life.
E	Pygmies are typically shorter and thinner than Bantu people.
F	There is not an accurate figure for the number of pygmies living in Africa.
G	The cutting down of forests where pygmies live is the fault of both local Africans and Europeans.
H	One theory for why pygmies are short suggests it may be because there is not much sunshine in the forests where they live.

Questions 11-15

Complete sentences 11-15 with a word, phrase or number from the text (maximum three words). Write the word, phrase or number in the space provided.

11. Some _____ put the figure of Congo Pygmies that live in central Africa as high as one quarter and half a million.

12. _____ gave the pygmies their name when they first visited Africa.

13. A lack of calcium may have caused pygmies to develop _____.

14. Destruction of forests is a _____ for the Baka Pygmies.

15. Pygmies in built-up areas have suffered from _____ they never had before, damaging their health and population numbers.

LIVEWORKSHEETS