

TOPIC 6: BODY PARTS AND HAND ACTIONS

Exercise 1

Match the first part of each sentence (1–6) with the second (a–f).

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|------------------|---|
| 1 I sat down | a and hurt my knee. |
| 2 I fell over | b at the table. |
| 3 I lay down | c to go and talk to her. |
| 4 I turned round | d to see what had made the noise behind me. |
| 5 I stood up | e on my hand. |
| 6 I balanced | f on the bed. |

Exercise 2

Use verbs to complete the sentences. Make sure that you use the correct form of the verbs.

- 1 She was balancing on one leg.
- 2 One of the boys was _____ up the wall.
- 3 The children _____ when the teacher walked into the room.
- 4 She seemed really upset so I _____ her.
- 5 The children were _____ up and down, shouting with excitement.
- 6 There's a chair there. Why don't you _____ ?

Exercise 3

Use the words from the box to complete the sentences.

door glass stones bag ball button

- 1 The goalkeeper jumped up and caught the ball.
- 2 Press the red _____.
- 3 I had to stop the children throwing _____ at the window.
- 4 I pushed him through the _____.
- 5 I dropped a _____ and it broke.
- 6 I put my _____ down for a moment because it was so heavy.

Exercise 4 6.3

Read three descriptions of strange sporting activities that people do in different countries. Complete the sentences with words from the box. Use the pictures to help you. Listen and check.

drop hold throw pull pick up carry

In this strange competition, you
1 pick up a toilet seat and
2 _____ it as far as you can.



In this event, two teams of six people
3 _____ a piece of rope. Each team
must try to 4 _____ the other team
over a line that is on the ground.



In this unusual event, a man has to
5 _____ his wife and run a race,
some of it through water. The man
must not 6 _____ his wife!

Use the words you've learned...

Describe the actions in a sport that you know.

