GRADE 7

READING :

I. Choose A, B, C or D to complete the passages :

Passage 1.

Do you want to be fitter and healthier? Would you like to look younger? Do you want to feel …….. (1) relaxed? Then try a few days at a health farm. Health farms are becoming ……. (2) the most popular places for a short break. I went to Henley Manor for a weekend. It's……. (3) health farm in the country…… (4) it isn't the most expensive. After two days of exercise I felt ten times better. But the best thing for me was the food. It was all very healthy, of course , but it was excellent, too!

If you're looking for something a little cheaper, try a winter break. Winter is the darkest and the coldest…….(5) of the year, and it can also be the worst time for your body. We all eat too……(6) and we don't take enough exercise. A lot of health farms offer lower prices Monday to Friday from November to March.

1. A. more	B. less	C. few	D. little
2. A. one	B. one of	C. a	D. some
3. A. larger	B. more large	C. the largest	D. largest
4. A. and	B. so	C. because	D. but
5. A. season	B. place	C. times	D. day
6. A. many	B. much	C. any	D. some

LIVEWORKSHEETS