

## GRADE 7

### READING :

#### I. Choose A, B, C or D to complete the passages :

##### **Passage 1.**

Do you want to be fitter and healthier? Would you like to look younger? Do you want to feel ..... (1) relaxed? Then try a few days at a health farm. Health farms are becoming ..... ( 2) the most popular places for a short break. I went to Henley Manor for a weekend. It's..... (3 ) health farm in the country..... (4) it isn't the most expensive. After two days of exercise I felt ten times better. But the best thing for me was the food. It was all very healthy, of course , but it was excellent, too!

If you're looking for something a little cheaper, try a winter break. Winter is the darkest and the coldest.....(5) of the year, and it can also be the worst time for your body. We all eat too.....(6 ) and we don't take enough exercise. A lot of health farms offer lower prices Monday to Friday from November to March.

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|--------------|---------------|----------------|------------|
| 1. A. more   | B. less       | C. few         | D. little  |
| 2. A. one    | B. one of     | C. a           | D. some    |
| 3. A. larger | B. more large | C. the largest | D. largest |
| 4. A. and    | B. so         | C. because     | D. but     |
| 5. A. season | B. place      | C. times       | D. day     |
| 6. A. many   | B. much       | C. any         | D. some    |