

(ID : e2010 ) VI. Read the following passage. Match the paragraphs with the headings.

### TEENS' SOURCES OF STRESS

**Question 30.** In adolescence, teens experience so many physical and psychological changes that they may not know how to deal with. Many boys feel obsessed with their voice or appearance. Girls feel annoyed with unwanted spots on their faces. \_\_\_\_\_

**Question 31.** As teens reach adolescence, they have more friends and come in contact with many more people. They now have to learn to interact socially and they may find it is not easy to adjust in the complicated world or to gain social acceptance. \_\_\_\_\_

**Question 32.** Many teenagers start to have emotional feelings for another boy or girl, or feel the need to be loved. If a teen fails to get love from the one he/she likes or loves, they may find it is hard to get over the painful experience. \_\_\_\_\_

**Question 33.** Pressures to do well academically can be a source of stress. If teens are academically strong, they can perform well. If not, they suffer from endless stress. \_\_\_\_\_

**Question 34.** Being under pressures of a number of things, teenagers become constantly anxious. If they are unlucky to fail in anything, they may fall into the feeling of self-doubt and low self-esteem. \_\_\_\_\_

#### List of Headings

- A.** Academic stress
- B.** Low self-esteem stress
- C.** Stress due to physical or physiological changes
- D.** Social stress
- E.** Stress due to romantic relationships