

READING TEST – UNIT 8

3rd GRADE

Name:	Date: / /
Teacher:	Section:

Eat healthy, be healthy



1 Carlos is a 70 years old man and he is a healthy person. He
2 mentions that he always includes healthy habits in his life. When
3 he was young, he ate lot of vegetables and he drank lots of water
4 to be healthy. He didn't ride his bike to school, but he got enough
5 exercise and got lots of sleep to keep his body strong. He went
6 running in the park and played soccer with his friends. Now, he
7 can not run in the park but he continues eating healthy food.



8 Michael is a young busy boy. He always studies a lot and he
9 doesn't have enough time to eat healthy and do sports. Yesterday,
10 for example, he ate a big burger with fries, and drank lots of soda
11 for dinner. Then, he did his homework all night, so he didn't get
12 enough sleep. Michael wants to have a healthy life, so he has
13 decided to eat more healthy food and get more exercise like go
14 running and ride a bike to school.

I. Read and circle the correct option. Then, write the line number where the evidence is.

1. Who is Carlos?

- a. He is a young man.
- b. He is an old man.
- c. He is a boy.

Evidence:

Line _____

2. What activities did Carlos do to keep his body strong?

- a. He rode his bike to school.
- b. He got enough exercise and sleep.
- c. He is a healthy person.

Evidence:

Line _____

3. What did Michael have for dinner?

- a. He had a burger and drank some soda.
- b. He ate fries and burgers.
- c. He had a big burger with fries and drank lots of soda.

Evidence:

Line _____

4. Why didn't Michael get enough sleep?

- a. Because he did his homework all night.
- b. Because he ate a big burger with fries.
- c. Because he wants to have more energy.

Evidence:

Line _____

II. Read and circle the correct name.

- | | | |
|---|---------------|----------------|
| 1. He has a healthy routine. | Carlos | Michael |
| 2. He has lots of things to do. | Carlos | Michael |
| 3. He got some hours of sleep. | Carlos | Michael |
| 4. He had a bike, but he didn't use it to go to school. | Carlos | Michael |

III. Write TRUE or FALSE.

- | | |
|---|-------|
| 1. The text has three paragraphs. | _____ |
| 2. There is a topic sentence in each paragraph. | _____ |
| 3. There aren't supporting details. | _____ |
| 4. The text has a title. | _____ |