

**CEBG PRESIDENTE ROOSEVELT
ENGLISH THIRD TRIMESTER EXAM**

NAME: _____ LEVEL: _____ DATE: _____
TOTAL POINTS: 40 OBTAINED SCORES: _____

I. LOOK AT THE PICTURES AND DECIDE WHAT IS THE CORRECT FOOD GROUP OR NUTRIENT NAME (10 points)

1. Which food group do these items belong to? _____



2. Which food group do these items belong to? _____



3. Which food group do these items belong to? _____



4. Which nutrient this food group provide for? _____



5. Which nutrient this food group provide for? _____



II. MATCH THE WORDS TO THE CORRESPONDING DEFINITIONS (10 points)

- | | | |
|-----------------------------------|-------|--------------|
| 1. A state of well-being | _____ | sweet |
| 2. A regular tendency or practice | _____ | snack |
| 3. A nutrition expert | _____ | health |
| 4. A light meal | _____ | habit |
| 5. Food made of sugar | _____ | nutritionist |

III. SELECT TRUE OR FALSE (from the reading "Visiting the Nutritionist") (10 points)

1. _____ We need to eat three main meals every day.
2. _____ Breakfast is the second meal of the day.
3. _____ Melissa is the nutritionist.
4. _____ We should take our meals at the same time.
5. _____ Drinking water is not so important.

IV. SELECT FOODS TO CREATE A HEALTHY EATING DAY. (10 points)

☺ ☺

A Healthy Eating Day

Breakfast _____

snack _____

Lunch _____

snack _____

Dinner _____

BREAD	SALAD (lunch)	MILK
RICE	YOGURT	APPLE
ORANGE JUICE (dinner)	WATER (lunch)	CHICKEN
CHEESE		

“The fear of the Lord is the beginning of knowledge.” Proverb 1: 7
MERRY CHRISTMAS