

STUDENT'S WORKSHEET

NAME :
SUBJECT : ENGLISH

GRADE: IX
DATE :

The text below for questions 1 & 2!

- The label is telling us about ... of a product.
 - The materials
 - The steps
 - The goals
 - The nutrition information
- The product doesn't contain ...
 - Protein
 - Added Sugar
 - Sodium
 - Cholesterol

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 850mg	37%
Total Carbohydrate 34g	12%
Dietary Fiber 4g	14%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 320mg	25%
Iron 1.6mg	8%
Potassium 510mg	10%

Read the following text to answer questions number 3 to 4!

- How much sodium does the product contain per 100 g?
 - 45 mg
 - 148 mg
 - 565 mg
 - 709 mg
- "Ingredients: sugar, cashew, milk solids...etc."

The underlined word means: Needed to make something.

 - The steps
 - The goals
 - The materials
 - The methods

NUTRITION INFORMATION			Ingredients:
	Average quantity Per serving	Average quantity Per 100 g	
Energy	709 kJ (169 Cal)	2360KJ	Sugar, Cashew, Milk Solid, Cocoa Mass, cocoa butter, Vegetable Fat, Emulsifier (322-Soy), Salt, Flavour
Protein	3,6 g	12,0 g	
Fat total	10,5 g	35,9 g	
Saturated	4,8 g	15,9 g	
Carbohydrate	14,4 g	47,6g	
Sugars	11,9 g	39,6 g	
Sodium	45 mg	148 mg	

- What is the product used for?
 - Mosquito repellent lotion for kids
 - Whitening lotion
 - Sunburn gel
 - Moisturizing skin



- Look at this label. You can find this label in
 - Electronic box
 - Drink
 - Medicine
 - Food

Hi-Calcium Slimilk™	
NUTRITION INFORMATION	
Per 100ml	
59	
Protein	4.5g
Total Fat	1.5g
Saturated Fat	1.2g
Trans Fat	0g
Carbohydrates	7.1g
Sugars	7.1g
Sodium	67mg
Calcium	170mg
Cholesterol	5mg

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7. Look at this label below.
How many tablets are there available in the package?

- A. 200
- B. 300
- C. 400
- D. 500



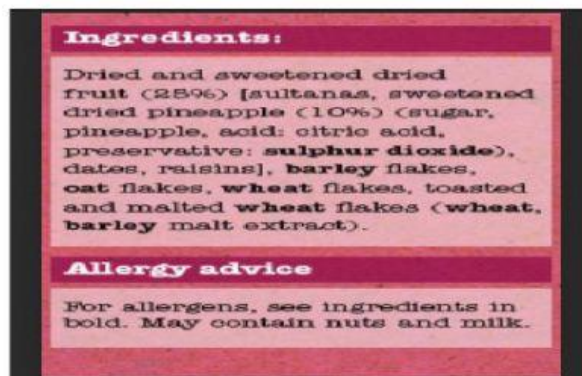
8. Look at the label below.



The label above means...

- A. We have to prepare a shaker to use the medicine
 - B. We have to shake the medicine well after using it
 - C. We have to shake the medicine well before using it
 - D. The medicine is very liquid
9. Below are the ingredients that may cause allergies, except:

- A. Wheat
- B. Oat
- C. Barley
- D. Pineapple



10. The label tells us about the... of a shampoo product.

- A. Information
- B. Benefit
- C. Usage
- D. Storage

