Hanging out with friends or enjoying your own company

This is a question of personal preference, but it is clear that there are two types of people when it comes to socialising; introverts and extroverts. For example, do you prefer your own company or are you a ____ (1) person? There are some great ways to spend time with your friends. The ideal thing to do is to get ____ (2) to do what you enjoy and have in common. Our friends usually have similar tastes to us; this is probably why they became our mates in the first place. This article is going to look into some of the ____ (3) that we have on hand to find a great excuse to spend time with others. Firstly, let´s take a look at sport. Many sports as a requirement need more than one person, climbing for example. It is well noted that working out with others has its ____ (4) advantages as well as the social benefits. Next, how about preparing a meal in company? When we cook together we need to collaborate with those around us. Not only do we eat together and have a nice friendly ____ (5) but also we achieve something special that can be appreciated by all. Lastly, there are arts and crafts. An awesome way to hang out is to do something ____ (6) like paint or model making. This way we can share our ideas with friends in a friendly way that will help you to open your mind and relax This form of relaxation is essential to avoid stress and health problems. Our friends are important and you should value the time that you have with them.

Choose the best word from the following options:

1.	A. sociable	B. lonely	C. talkative	D. lazy
2.				
3.	A. along	B. around	C. out	D. together
4.				
5.	A. problems	B. options	C. ways	D. issues
6.				
7.	A. lots	B. much	C. many	D. few
8.				
9.	A. meal	B. food	C. plate	D. dish
10.				
11.	A. entertained	B. interested	C. fun	D. funny

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