



Unit 5: In the kitchen (Lesson 5)

1) Listen and choose the right

(Nghe và chọn đáp án đúng)

Coconut is an amazing food. It has many vitamins in it. Its tree also has many different uses.



Coconut meat

Coconut meat has a lot of vitamin A and E. It's

1 good / bad for the heart. People living on tropical islands eat a lot of coconuts. They have very healthy hearts. Also, coconut gives the brain energy.

Besides eating the meat, people use the

2 shells / leaves. They make baskets with them. They also put them on roofs.



Coconut leaf baskets



Brush

Coconut shell

Coconuts have a 3 hard / soft shell. This shell has hair on it. People make ropes and brushes from the hair. As you can see, the coconut is a very useful plant.

Read and check. (Đọc và chọn Yes/ No)

1. Coconut meat is good for the heart.
2. Coconut gives island people healthy hearts.
3. People make ropes from coconut leaves.
4. Coconut shells are good for making roofs.

Yes	No
☐	☐
☐	☐
☐	☐
☐	☐

II) Look, listen, and choose the right
(Nhìn tranh, nghe, và chọn đáp án đúng)

Rosy








Bella








Ana








Amy & Shin








Emily & Sandy








Ann & Mint






