

Verbs Followed by a Gerund e.g. They **enjoyed working** on the boat.

admit	discuss	have difficulty	miss	spend time
advise	dislike	imagine	practice	stop
avoid	end up	it's no use	recommend	suggest
can't help	enjoy	it's worthwhile	remember	tolerate
can't stand	feel like	keep	resist	understand
consider	finish	mention	risk	waste time
deny	forget	mind	quit	

Experience **observe** **ask** **moan** **provide** **offend** **be** **talk** **take**

If you want to become an effective team member **spend time** _____ your worst-performing teammates and do the opposite.

- The worst co-workers **can't help** complaining about their work and other team members. They should **quit** _____ and **remember** _____ problems is a part of life. It's **no use** _____ negative. Instead you should **consider** _____ constructive ideas and feedback.
- Bad teammates **waste time** gossiping. Management books **advise** _____ an interest in others. However, you should **avoid** _____ questions or making comments that are too personal. If you don't you **risk** _____ your workmates. They may **avoid** _____ to you completely.

duplicate **share** **knowledge - share** **ask** **have** **use** **make**

- Bad teammates **avoid** sharing knowledge. If you **avoid** _____ useful information with colleagues the team will **end up** _____ work. The best team members **practice** _____.
- Bad team members talk almost completely about themselves. You should **resist** _____ words such as "I" and "me". To build better team relationships experts **suggest** _____ lots of questions, knowing when to listen and using words such as "we" and "us."
- Bad team members **deny** making mistakes and blame others. You should **admit** _____ any mistakes but work hard to put them right. If not, you're colleagues will **resent** _____ to fix your errors.

help **admit** **work** **teach** **get to know**

- Bad team members **enjoy** excluding other people. If you **resist** _____ other members to the team you limit the team's perspective and options.
- Bad team members **have difficulty** relating to others. I **recommend** _____ your colleagues. If you get on well together they **won't mind** _____ you when you need it.

We all **dislike** _____ with bad team members but they may **end up** _____ us a lesson!