

Join 1: diet	Join 4: usually convenience food like Mc Donald, KFC....
Join 2: expert	Join 1: the food that you eat on a daily basic.
Join 3: tip	Join 5: be fit and healthy.
Join 4: junk food	Join 2: someone who has studied a lot about a subject or topic and understands it well.
Join 5: stay in shape	Join 3: an advice on how to do something quickly and successfully, usually from one's own experience.