Aiming High

3 **Usain Bolt** is a very fast runner. He won three gold medals at the Olympic Games in 2008. In the 100-meter race, he waved[3] at his fans before he finished the race. It was very exciting!

Exercise is very important to Usain.

"I train for three or four hours every morning. I spend an hour in the gym and two hours on the track," says Usain.

Name:

What does he do?

How many medals did he win? and when?

What did he do before he finish the race?

How many hours does he train every day?

LIVEWORKSHEETS

LIVEWORKSHEETS