English for YOU!
by Tofer University

Adverbs of Frequency

✓ always	100 %	I **always** watch TV at night.
✓ usually	80 %	Mike **usually** gets up late.
✓ often	70 %	I **often** exercise in the morning.
✓ sometimes	50 %	They **sometimes** go to Starbucks.
✓ rarely	20 %	I **rarely** see my boss.
✓ hardly ever	5 %	We **hardly ever** miss work.
✓ never	0 %	He **never** comes late to work.

A) **Fill in the blanks below with the best adverbs of frequency and the correct form of the verb. Do not forget to write the verb/ adverb in the correct place.**

1. My brother is never sad. He (be) (always) _____ happy.
2. I was late for work only one time last year. I (be) _____ late.
3. Mary failed only one test in high school. She (pass) _____ her tests.
4. I always remember to do my homework. I (forget) _____ to do it.
5. Steve rarely goes to the cinema. He (see) _____ movies.
6. Judy saw a doctor for the first time in three years. She (get) _____ sick.
7. I get up at five o'clock seven days a week. I (get up) _____ early.
8. It's always hot and sunny where I live. That's why I (see) _____ snow.
9. I (take) _____ the bus to work, maybe three or four times a week.
10. My sister almost never eats burger and fries. She (eat) _____healthy food.

LIVEWORKSHEETS