

Listen and answer the questions that follow.

1. What did the doctor tell Lisa?

- | | |
|-------------------------|----------------------|
| a. to get more tests | c. to get vaccinated |
| b. to get more exercise | d. to get more sleep |

2. Why does Lisa need to start doing this? (click on all that apply)

- a. she can't sleep b. she has heart problems c. she has high blood pressure.
d. she has high cholesterol e. She is overweight

3. Lisa is thinking about joining a gym. TRUE FALSE

4. What does she like from Tim Hortons?

5. Lisa enjoys exercising. TRUE FALSE

6. When will Lisa walk the dog?

- | | |
|----------------------|-------------------|
| a. in the mornings | c. at night |
| b. in the afternoons | d. in the evening |

7. She should also add weightlifting to her routine. TRUE FALSE

8. She has a donut every Tuesday. TRUE FALSE

9. How does Lisa get to Tim Hortons?

- | | |
|-----------|------------|
| a. by car | c. by foot |
| b. by bus | d. by bike |

10. Lisa is married. YES NO I DON'T KNOW