*UNIT 2.

Exercise 1: Choose the best options to complete the sentences.

1. My sister has an ..... to sunflowers so I don't arrange them in the house.

   A. earache B.allergy C. itchy D.backache

2. Don't eat much ..... because it may cause .....

   A. diet – sickness B. vegetarian – obesity C. fruits – spot D. junk food – obesity

3. Drink more water when you have a .....

   A. sneeze B. temperature C. sickness D. toothache

4. Some people suffer from ..... after losing their jobs.

   A. depression B. allergy C. spot D. weak

5. The smoke or dirt can make us .....

   A. sunburnt B. toothache C. sneeze D. runny nose

6. I often feel ..... whenever I touch cats so I always stay away from them.

   A. obesity B. sickness C. sunburn D. itchy

7. Eating too much can also cause a .....

   A. sore throat B. stomachache C. weak D. earache

8. My throat hurts a lot when I have .....

   A. an cough B. cough C. a cough D. All are correct.

9. I can't ..... when you continue to talk about that.

   A. concentrate B. compound C. coordinate D. conjunction

10. If you have any questions about health, you can ask our .....

    A. vegetarian B. expert C. triathlon D. cough

11. It's a ..... that you will turn into a rabbit when you eat lots of carrots.

    A. myth B. depression C. weak D. good

12. Do more exercise and eat more vegetables to .....

    A. sunburn B. spot C. stay in shape D. put on weight

13. It's great to ..... on the beach in the morning.

    A. sunburn B. sunburnt C. sunbathe D. sneeze

14. A lot of young people often ..... on the weekends.

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A. sleep in B. pay attention C. stay in shape D. put on weight

15. Running uses more ..... than cycling.

A. weight B. food C. triathlon D. calories

16. You aren't fat, so you don't need to go on a .....

A. weight B. vegetarian C. myth D. diet

17. It is said that ..... is bad for our health.

A. junk food B. calorie C. compound D. conjunction

18. Water is very ..... to our bodies.

A. bad B. essential

C. necessary D. Both B &C are correct.

Exercise 2: Complete the sentences with the words in the box.

fever	aspirins	eye drops	headache	runny
allergic	dentist	surgeon	medicines	plaster

1. You go to the ..... when you want to have your teeth taken care of.
2. ..... is a pain in your head.
3. When you have a small cut on the skin, let's stick a ..... to it.
4. If your body temperature is higher than normal, you have a .....
5. A doctor who is trained to perform surgery is called .....
6. The liquid medicine that can be put into the eyes is called .....
7. When you have a cold, you may have a ..... nose.
8. If your body reacts badly when you touch a thing, you are ..... to it.
9. Have some ..... if you have a headache.
10. Those ..... really works, he looks better now.

Exercise 3: Insert the given words in right positions and rewrite the correct sentence. (You can use ","if necessary).

1. To make this hand-cut flower, you need paper scissors. *and*

.....

2. Shall we play tennis watch TV? *or*

.....

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3. I will have an exam next week, I haven't learned anything *but*

.....

4. I have to work overtime I can't feed the dog on time. *so*

.....

5. We knocked at the door, no one answered. *but*

.....

6. The weather is hot in summer, we wear light clothes. *so*

.....

7. My father is a doctor my mother is a shop assistant. *and*

.....

8. I have a toothache I must see a dentist as early as I can. *so*

.....

9. I love collecting stamps dolls. *and*

.....

10. The TV is on, nobody is there watching. *but*

.....

Exercise 4: Complete the sentences with *more* or *less*.

1. Drink ..... water because it is very essential for your body.
2. Sit ..... in front of the TV or a computer if you don't want your eyes to be hurt.
3. Eat ..... healthy foods like fruits, vegetables or fish. You will stay in shape.
4. Exercise ..... , and count calories when eating. This can help you lose weight.
5. Eat ..... high-fat food to avoid obesity.
6. Stay outdoors more and do ..... physical activities. You will be more healthy and active.
7. Spend ..... time playing computer games.
8. Sunbathe ..... to avoid sunburn.

Exercise 5: Read and decide if each statement is true or false or not given.

Mark always gets up at twelve in the morning. He does not have breakfast. Mark likes having hamburgers, pizza, crisps and hot dogs for lunch. He always has fizzy drinks like cola. So there are not any vegetables or fruit at home. After lunch, he takes the bus to school - 300 meters far away. At

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six o'clock, Mark goes to the bus stop and comes back home. He sits on his dad's sofa and watches TV for three hours. When he is hungry, he eats lots of sweets or chocolate biscuits and he always drinks cola. He usually goes to sleep at eleven or twelve because that he likes playing computer games. He usually stays at home all day at weekends.

No.	Statements	T	F	NG
1.	Mark starts his day at about 7 a.m.	☐	☐	☐
2.	Marks usually has hamburgers for breakfast.	☐	☐	☐
3.	There is a very big refrigerator at Mark's home.	☐	☐	☐
4.	Marks lives near his school.	☐	☐	☐
5.	Mark goes back home by bus.	☐	☐	☐
6.	Mark spends three hours watching TV.	☐	☐	☐
7.	Although Mark likes playing games, he never goes to bed after 10:30 p.m.	☐	☐	☐
8.	Mark usually spends hours playing games at home.	☐	☐	☐

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