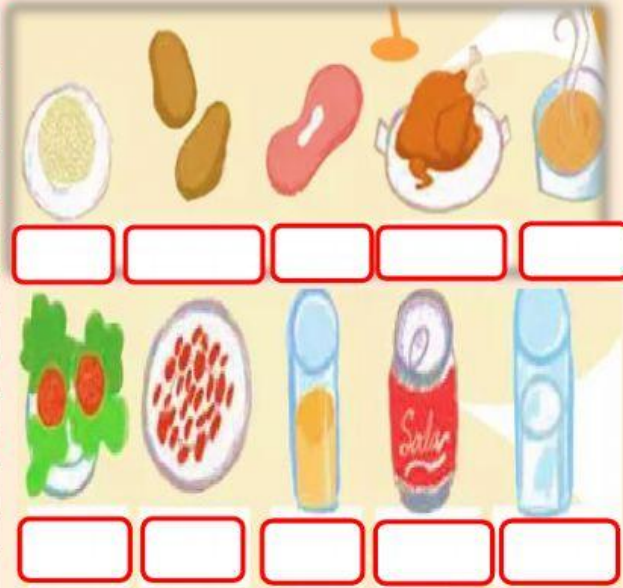


# Breakfast



# Lunch and dinner



- fruits
- milk
- coffee
- cereal
- eggs
- cheese
- toast
- bread

- chicken
- salad
- soda
- potatoes
- rice
- beans
- juice
- beef
- soup
- water