

Healthy and Junk Food

1. Listen and fill in the gap

taste – greatest - delicious - fast - tastiest - world
dessert - spicy - dishes good - healthy - future

Isn't food one of life's _____ pleasures? Do you know anyone who doesn't like food? I don't. There is so much _____ food in the world. You could spend a whole lifetime eating a different dish every day.

What's the _____ food in the _____? This is a very difficult question to answer. My _____ in food keeps changing. Sometimes my favourite is a _____, but then I change my mind and go for a _____ curry.

It's great that countries have so many different _____. Do you think your national dish is best? Nowadays we have to be careful about what we eat. _____ food is not _____ for us. We need to focus more on _____ food. Maybe we have to be more careful in the _____. Make sure the food you eat is good for you.

2. Which words describe food?

T _____
G _____
D _____
F _____

S _____
G _____
H _____

