

Name: _____

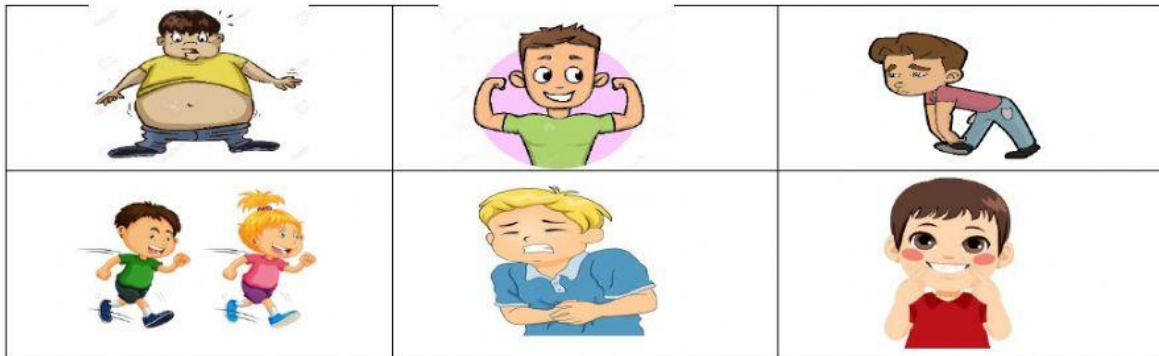
Interdisciplinary Unit

Checkpoint Test: Healthy Foods

Section A. Choose the foods that are healthy.



Section B: Look at the pictures. Choose the children who eat healthy.



Section C: Click yes or no to answer the statements.

1. We need to drink a lot of water every day.

	yes		no
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2. Fruits are a bad food choice for school.

	yes		no
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3. Eating vegetables help to make our skin, hair and nails healthy.

	yes		no
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4. Candy and cake help to build strong muscles.

	yes		no
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5. Drinking milk help our bones to be strong.

	yes		no
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