APPROPRIATION STAGE WORKSHEET

Instruction: Answer all the questions below about offering advice in dialogue format. Use any ideas in the box to help you.

eat more fruit
start a new sport/hobby
talk to your parents/friends/teachers
go for a walk
listen to music

Example:

Joe: Do you have a healthy diet?

David: No, I don't

Joe: Why don't you eat more fruit?

David: That's a good idea!

Questions:

1.

Joe: Do you take one hour of exercise a day?

David: No, I don't.

Joe: Why don't you _____

David: That's a good idea!

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2.

Joe: Are you happy with your social life?

David: No, I don't.

Joe: Why don't you _____

David: That's a good idea!

3.

Joe: Do you worry about your school work?

David: Yes, I do.

Joe: Why don't you _____

David: That's a good idea!

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