UNIT 2. EXTRA READING 2

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions.

Did you know that on average we forget about 80% of the medical information a doctor might give us? This fascinating information came to light as a result of a study carried out by Utrecht University. What is even more interesting is that almost half of what we think we remember is wrong.

Why do you think this is? Well, it's not as **complicated** as you may think. You see, going to the doctor fills most people with anxiety and when we are really nervous and stressed we are more likely to focus on the diagnosis rather than the treatment. Therefore, we know what is wrong with us but have no idea what to do about it.

Here are some good tips to keep in mind when seeing a doctor. Always write down any important information. What would be even better is, if your doctor agreed, to record your consultation. This way, you can replay the advice at home, where you are more likely to **absorb** it. If you believe the situation is serious or you're really worried, seek the help of a family member. Just ask them to accompany you to listen in. This way you can be absolutely sure about what the doctor has told you and avoid falling into the same trap that most people do.

(Source: Traveller 6)

1. According to the passage, the information doctors give us _____
   A. is about 50% wrong
   B. is only 80% correct
   C. is mostly forgotten
   D. is usually not enough
2. The word "complicated" in the passage is OPPOSITE in meaning to
   A. good
   B. quick
   C. short
   D. simple
3. The author says that when people consult a doctor, _____
   A. they always believe that their situation is serious
   B. they are interested in knowing what they should do
   C. they only want to know what is wrong with them
   D. they usually have a family member with them
4. The word "absorb" in the passage is closest in meaning to _____
   A. digest
   B. inhale
   C. swallow
   D. take in
5. The author suggests recording the consultant in order to _____
   A. play it to your family members to get their opinions
   B. refer to it later to better understand your condition
   C. replay it to write down any important information
   D. use it as evidence against your doctor if necessary

LIVEWORKSHEETS