



NAME:



GRADE: SECTION:

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Superfoods from Peru

LET'S LISTEN AND READ 1

LET'S LISTEN AND READ 2

UNDERSTAND-EXERCISE 2

Match the questions with the correct answer. There is One extra answer.

example:

1. Where is yacon from?
2. What are trout health benefits?
3. Where are cat's claw from?
4. When are granadillas in season?
5. What are artichoke health benefits?
6. What colour is quinoa?

- a) They are a good source of omega 3, vitamin A, vitamin B and micro nutrients.
- b) It is red, white or black.
- c) It is from the Peruvian Andes.
- d) It is from lakes in the Andean highlands
- e) It is from the Amazon rainforest.
- f) They are a good source of antioxidants, fibre, vitamin C and K.
- g) They are in season all year round.

PRACTISE 1

Complete the questions with "IS" or "ARE" and the answers with "IT IS" or "THEY ARE".

Sweet peppers



Purple corn



LOOK!

What? : ¿Qué?

When? : ¿Cuándo?

Where? : ¿Dónde?

1. A: Where **are** sweet peppers from?

B: **they are** from the central coast of Peru.

2. A: When **_____** sweet peppers in season?

B: **_____** in season all year round.

3. A: When **_____** purple corn in season?

B: **_____** in season in April, November and December.

4. A: Where **_____** purple corn from?

B: **_____** the Peruvian Andes.

5. A: What colour **_____** sweet peppers?

B: **_____** red, yellow, orange or green.

6. A: What colour **_____** purple corn?

B: **_____** purple.