

Voramongkol School

Health Education /Food (12 Nov)

Name: _____ No: _____ Grade 1/1

Complete the sentences.

1. We need _____ to grow and be healthy.
2. Our _____ main meals are breakfast, lunch, and dinner.
3. We have _____ in the morning.
4. We have _____ at noon.
5. We have _____ in the evening.
6. We will be _____ if we do not eat enough food.
7. We should not eat food in a _____.
8. We should not _____.
9. We need to eat _____ food at mealtimes.
10. We eat _____ types of food.

