



PERÚ

Ministerio
de Educación

GRE La Libertad

UGEL
Sánchez CarriónI.E. San Nicolás
HuamachucoAPRENDO
en casa**ENGLISH: Level PRE A1 - WEEK 31****EXPERIENCE 08****ACTIVITY 04****"LET'S CHANGE OUR
LIFESTYLE"****DO IT YOURSELF!****LEAD IN!**SELECT the picture to answer the question.**HOW CAN YOU PROTECT YOUR HEALTH WHEN YOU DO OUTDOOR
SPORTS?**

1



2



3



4

LET'S CREATE!**Follow the steps to create your infographic.****STEP 1**SELECT a sport.

GO SKATEBOARDING



GO WALKING



GO RUNNING



GO BIKING



Other? _____



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STEP 2

CHOOSE two DOs and DON'Ts.

PROTECT YOUR HEALTH

Dos

Don'ts

- Wear a mask.

☐

- Hug a person.

☐

- Use hand sanitizer.

☐- Put your mask
under your chin.☐- Cover your nose
and mouth.☐

- Touch your face.

☐- Stay a safe
distance.☐- Touch your
clothes.☐Elige dos de
cada una.

STEP 3

COMPLETE the paragraph.

My name is

I'm

years old.

I'm from

I love

I go

(sport)

(sport)

(frequency word).

I have some recommendations for you.

When you go

Always

and

Don't

Never