

## Complete the sentences:

1. Your body is made up of \_\_\_\_\_ and \_\_\_\_\_:
2. Bones form your \_\_\_\_\_ and \_\_\_\_\_ help you to move.
3. Muscles are under our \_\_\_\_\_ and cover our \_\_\_\_\_.
4. They help our body to \_\_\_\_\_.
5. Some \_\_\_\_\_ work in pairs. When one muscle \_\_\_\_\_, the other one \_\_\_\_\_.
6. My muscles help my body to \_\_\_\_\_.
7. My arm muscles work \_\_\_\_\_.
8. When the biceps contracts, the triceps \_\_\_\_\_.
9. A \_\_\_\_\_ is where two bones meet. Your body \_\_\_\_\_ at the joints.
10. My \_\_\_\_\_ moves my head.
11. My \_\_\_\_\_ moves my hand.
12. My \_\_\_\_\_ moves my mouth.
13. My \_\_\_\_\_ move my leg.
14. My \_\_\_\_\_ move my foot.