

Co to za problemy?

1 a runny nose

2

3 a throat

4 a

5 a

6 a leg



Uzupełnij brakującymi literami.

Uwaga! Pierwsza jest już podana!

- 1 Josh goes to the gym to make his **m**uscles stronger.
- 2 You use your b to think.
- 3 Your h beats faster when you exercise.
- 4 The red liquid in your body is called b .
- 5 Cheese and milk make your b strong.

Uzupełnij tekst notatki odpowiednią formą czasownika HAVE TO i właściwym czasownikiem.

Uważaj szczególnie przy pytaniach i przeczeniach!

✉

Hi Vanessa,

I can't come to the beach with you. Mum and Dad are having a party and we *have to get* (get) the house ready. There's a lot to do!

Dad (tidy) the garden. Mum (prepare) the food and I (help) them. My little brothers (not do) any chores.

What about you? Are you doing anything nice this morning or (you / do) chores?

See you soon.

Cassandra

Korzystając z podpowiedzi, utóż porady do każdego problemu. Użyj czasowników *should, shouldn't* lub innych poznanych zwrotów.

go to the vet

1 I don't understand my homework.

You should ask your teacher for help.

2 I can't sleep at night.

3 My brother really wants to win a match.

4 My gran's dog is ill.

5 My friend gets very hungry before lunch.

leave home without breakfast

practise every day

use your mobile in bed

ask your teacher for help

Wysłuchaj nagrania i zapisz dokładnie to, co słyszysz. Tekst składa się z siedmiu zdań. Każde z nich zapisz w oddzielnej linijce. Pamiętaj o kropkach, przecinkach i wielkich literach.

Zaznacz słowa, które pasują do każdego ze zdań:

- 1 **A:** You don't look *ill* / *well*.
B: I've got a headache.
A: Why *aren't* / *don't* you lie down and take a *painkiller* / *plaster*?
- 2 **A:** What's the *matter* / *wrong*?
B: I've got mosquito *break* / *bites* all over my body!
A: You should put some *mint tea* / *cream* on them.
B: Good idea.

Przeczytaj ten tekst o herbacie:



Tea

Tea is a very popular drink in many countries. People drink it at home, in tea shops and at school or at work. They enjoy it hot, cold or with ice and some people like it sweet or spicy!

A legend says how the Emperor Shenning in ancient China first discovered tea. One day, he was sitting under a tea tree. He boiled some water in a pot to drink. Dry leaves from the tea tree fell into his hot water! He tried the water and it was very tasty.

Tea is easy to make. Put a tea bag in a cup, glass or mug. Add some boiling water. You don't have to wait long. After a few minutes your hot drink is ready!

Scientists believe green tea is good for your blood and that black tea helps your brain. Have you got a cold? Then you should try lemon tea. But be careful – you shouldn't put too much sugar in it because too much sugar is bad for you!

A teraz uzupełnij streszczenie tekstu, wstawiając po jednym wyrazie w każdą lukę:

- 1 People drink tea in many ways – hot, cold, with ice as well as or .
- 2 Dry fell into the Emperor's pot and that's how he discovered tea.
- 3 You need a tea bag and some to make tea.
- 4 Green tea helps your and black tea is good for your .
- 5 It's better not to put too much in your lemon tea.

Posłuchaj nagrania i odpowiedz krótko na pytania dotyczące zasad uprawiania kolarstwa:

- 1 What do you always have to wear when you ride a bike?
- 2 What else should you wear, apart from bike clothes?
- 3 What two things should you do before you start cycling?
- 4 What are the best places for cycling?
- 5 What do you have to take with you on a ride?