I'm either good at it or I'm not.

I can learn to do anything I want.

If I don't try, then I won't fail.

Failures are just opportunities for growth.

I am inspired by other people's success.

I'm jealous of other people's success.

Failure is the limit of my abilities.

Failure is just an opportunity to grow.

When I'm frustrated, I keep going.

When I'm frustrated, I give up.

Feedback and criticism hurt my ego.

Feedback and criticism help me grow.

I only stick to what I know.

I don't mind trying new things.

I only fail when I stop trying.

If I don't try, then I won't fail.

That's just who I am. I can't change it.

I'm a constantly evolving work in progress.

I can become a great public speaker through practice

I'm too shy to do public speaking.

I feel threatened by other people's success.

I feel inspired by other people's success.



