

**Name:**

**Date:**

**Class:**

**Subject:** Food, Nutrition and Health

**Section 1:** Diet and Health

**Topic:** Food Security



**Instructions:** Place the correct words on the lines for these definitions then fill in the blanks below to complete the list of the main dimensions.

\_\_\_\_\_ refers to the situation that all people at all times have physical and economic access to enough safe and nutritious food to maintain a healthy and active life.

\_\_\_\_\_ occurs at the national level when people do not have adequate physical and economic access to safe and nutritious food to maintain a healthy and active lifestyle

### **Main Dimensions of Food Security**

1. \_\_\_\_ v \_\_\_\_ i \_\_\_\_ a \_\_\_\_ i \_\_\_\_ i \_\_\_\_ y

2. a \_\_\_\_ \_\_\_\_ e s \_\_\_\_

3. \_\_\_\_ t \_\_\_\_ \_\_\_\_ i \_\_\_\_ \_\_\_\_ t \_\_\_\_

4. u \_\_\_\_ i \_\_\_\_ i \_\_\_\_ a \_\_\_\_ \_\_\_\_ \_\_\_\_ n