# Group the Foods

Name:_____ Date_____ Grade:_____

Choose the best answer

| | | |
|---|---|---|
| | | |
| | | |
| | | |

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Choose ALL the unhealthy foods.

| | | |
|---|---|---|
| | | |
| | | |

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# Group the Meal

Fruits/Vegetables

Meat

Dairy

Grains

Sugar and oils

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