



**LEARNING
EXPERIENCE 8**

Let's Change Our Lifestyle

Activity 3: What to do?

COMPETENCIA: lee diversos tipos de textos en inglés como lengua extranjera

November 03rd

1st grade

Purpose: Comprender información específica sobre el testimonio de dos estudiantes que practican deportes al aire libre.

**CRITERIO DE
EVALUACION**

- Obtiene información relevante de textos donde se describen deportes que se pueden realizar manteniendo las medidas necesarias de cuidado.
- Infiere e interpreta información de textos donde se describen deportes que se puede realizar manteniendo las medidas necesarias de cuidado.

LEAD IN: Look at the pictures. Tick "✓" the person who wears the mask properly

Remember and write the tips to prevent covid 19



LET'S LISTEN AND READ! Listen to and read the blogs about outdoor sports during the pandemic

OUTDOOR SPORTS DURING THE PANDEMIC

BLOG 1



Hi! My name is Basilio. I'm 13 years old and I'm from Iquitos. I love skateboarding. I go skateboarding twice a week. I have some recommendations for you.

- When you go skating, always wear a mask. Cover your nose and mouth. Never put your mask under your chin. Don't touch your face.

Protect yourself!

BLOG 2

Hello! I'm Andrea and I'm 14. I'm from Ica. I love running three times a week. I have some recommendations for you.

- When you go running, always stay a safe distance from other people. Use hand sanitizer. Never hug a person. Don't touch your clothes.

Protect yourself!



ADVERBS OF FREQUENCY

Usamos los Adverbs of frequency para indicar con qué frecuencia realizamos las actividades y deportes.

HOW OFTEN?	M	T	W	T	F	S	S
Twice a week	X				X		
Three times a week	X		X		X		
Always (siempre)	X	X	X	X	X	X	X
Never (nunca)							

LET'S UNDERSTAND!

EXERCISE 1 Complete Basilio's infographic. Write "always" or "never".



EXERCISE 2 Put a check "✓" in the correct box.

BASILIO		Always	Never
✓ Wear a mask	☐	☐	
✓ Hug a person	☐	☐	
✓ Use hand sanitizer	☐	☐	
✓ Cover your nose and mouth	☐	☐	
✓ Put your mask under your chin	☐	☐	
✓ Stay a safe distance	☐	☐	
✓ Touch your face	☐	☐	
✓ Touch your clothes	☐	☐	

ANDREA		Always	Never
✓ Wear a mask	☐	☐	
✓ Hug a person	☐	☐	
✓ Use hand sanitizer	☐	☐	
✓ Cover your nose and mouth	☐	☐	
✓ Put your mask under your chin	☐	☐	
✓ Stay a safe distance	☐	☐	
✓ Touch your face	☐	☐	
✓ Touch your clothes	☐	☐	

CHALLENGE: Completa el texto con tu deporte favorito y las recomendaciones para protegerte

Hi! My name is and I'myears old. I'm from My favourite sport is I love I I have some recommendations for you.

• When you

always and (DOS)

Don't

Never (DON'T)



Sigue revisando lo que puedes hacer con el inglés según los estándares internacionales. Aquí algunas preguntas más. Lo puedes lograr?

1. ¿Puedo reconocer recomendaciones para cuidar mi salud fuera de casa?	yes	So-so	No
2. ¿Puedo identificar el significado de adverbios de frecuencia?			
3. ¿Puedo completar un texto(blog) sobre mi deporte favorito y medidas de prevención?			

NAME: